



Esther is an occupational therapist with more than 20 years of clinical experience. She has a strong interest in education and actively involves in clinical teaching for occupational therapy students. To be better equipped in education and teaching, Esther completed her Master of Science in Clinical Education at the University of Edinburgh in 2021. Having developed a special interest in interprofessional education, she was the chairperson of the interprofessional education committee at NUH from 2017 to 2023. Esther is actively promoting interprofessional collaboration across different departments at the National University Hospital.

Clinically, Esther specialised in paediatric, her clinical interest is social-emotional development in children and parent coaching. She completed her Master's in Health Sciences (Occupational Therapy, specialised in Paediatric) at the University of Sydney in 2007, and was certified as the DIRFloortime® Expert Training Leader under the Interdisciplinary Council in Development and Learning (ICDL) in 2016. She has been teaching DIRFloortime® certificate course locally and internationally.

Besides her clinical role as a paediatric occupational therapist, Esther is also the Clinical Education Lead for Allied Health Professional at the National University Hospital of Singapore.