

Graduate Diploma in Child and Adolescent Health (GDCAH)

GC2 Course Schedule AY2025/2026

Semester (Grad Cert)	Module	Period	Dates	Content	In-Person Educational Activities	Venue (if applicable)	Assignments/Formative Assessment Tools	Summative Assessment
			31 Jan 2026	Course Opening Day	In-person Meeting	MD6 01-01B	Attendance is mandatory	NA
2 (Graduate Certificate in Child Development and Adolescent Health: 16 weeks of curriculum)	Module 4: Early Childhood Development	4 weeks (40 hours)	Onsite: 02 Feb 2026 Zoom: 07 Feb 2026 Zoom: 13 Feb 2026 Onsite: 21 Feb 2026	This 40-hour module includes: (1) self-study (The Brazelton Touchpoints Manual), (2) 2 in-person sessions, (3) 2 online mentoring sessions over Zoom, and (4) assessment tools such as pre- and post-course quizzes. In-person sessions include: live and video presentations, large and small groups discussions, problem-based learning, work-based learning, simulation-based learning and reflective practice through mentoring.		MD6 02-02A	Full attendance required for this 40-hour module & attend ongoing mentoring sessions	
	Module 5: Holistic Care in School-Aged Children	6 weeks	2 Mar - 14 Mar 2026	Week 1 & 2: Maintaining a healthy & balanced lifestyle - issues surrounding obesity, physical activity, sleep, screen time, dental and eye care	Learning Together Clinic #1 PBSGL Saturday Workshop (14 Mar 26, 1400 - 1700hrs)	NUH Clinic/ HPB Lifestyle Clinic MD1 03-01B, Tahir Bldg, MPH3	Completion of Online Learning, Self-Study material & related quizzes. 1 x Reflective entry, 1 x Clinical case report, 1 x BYOC	Key Feature Problem (End of Module Test)
			16 Mar - 28 Mar 2026	Week 3 & 4: Mental and emotional health issues, building resilience and in search for mindfulness	Learning Together Clinic #2 PBSGL Saturday Workshop (28 Mar 26, 1400 - 1700hrs)	NUH Clinic/ Child Development Unit/ Child Guidance Clinic NUHS Tower Block T08-04		
			30 Mar - 4 Apr 2026	Week 5: Learning and behavioural issues	Learning Together Clinic #3	NUH Clinic/ Child Development Unit/ Child Guidance Clinic		
			6 Apr - 11 Apr 2026	Week 6: Demystification of TCM, alternative & complementary medicine	PBSGL Saturday Workshop (11 Apr 26, 1400 - 1700hrs)	NUHS Tower Block T12-02 and Level 1 Seminar Room		
	13 Apr - 18 Apr 2026			Recess				
	Module 6: Adolescent Health	8 weeks	20 Apr - 25 Apr 2026	Week 1: Psychosocial assessment using H.E.A.D.S.S. framework	Learning Together Clinic #4	NUH Clinic/ Private PD Clinic	Completion of Online Learning, Self-Study material & related quizzes. 1 x Reflective entry, 1 x Clinical Case Report, 1 x BYOC	Key Feature Problem (End of Module Test)
			27 Apr - 2 May 2026	Week 2: Motivational interviewing: strategies to facilitate adolescent behaviour change	PBSGL Saturday Workshop (2 May 26, 1400 - 1700hrs)	MD6 01-01B		
			4 May - 23 May 2026	Week 3-5: Health issues in adolescence; including sleep, learning, behavioural, mental health, addiction, eating/nutritional issues, pubertal woes and common skin problems & functional versus organic complaints	Learning Together Clinic #5 & #6 PBSGL Saturday Workshop (16 May 26, 1400 - 1700hrs)	NUH Clinic/ Private PD Clinic NUHS Tower Block T08-04		
			25 May - 13 Jun 2026	Week 6-8: Sexual and reproductive health: including gender dysphoria, gender and sexual identity issues	Learning Together Clinic #7 PBSGL Saturday Workshop (30 May 26, 1400 - 1700hrs) & (13 Jun 26, 1400 - 1700hrs)	NUH Clinic/Private PD Clinic MD6 01-01B		
	14 - 19 Jun 2026			Graduation				

**Dates are subjected to changes.*

Learning Together Clinics (LTCs) - Successful applicants may be able to select their preferred LTC sessions once they are accepted into the programme (subject to the availability of clinic slots). More details will be shared closer to the clinic dates as the schedule is still being finalised.