# NUS MEDICINE Inspiring Health for All

#### **UNDERGRADUATE ADMISSIONS**



Yong Loo Lin School of Medicine

# Inspiring Health for All

At NUS Medicine, we believe in inspiring our students to change the world.

Whether it's encouraging them to comfort deeply or to pursue excellence, our teachers go the extra mile.

We believe in nurturing doctors who empower patients, and make a difference in communities.

We believe health is not merely an outcome to be pursued, but a journey to be celebrated.

We believe health belongs to all.



#### Join us on a mission to CHANGE LIVES.

Since 1905, NUS Medicine has been training Singapore's best to care for our nation and beyond.

If you believe in the pursuit of excellence with all your mind and all your heart, join us on this journey -

to inspire health for all.



## VISION

## INSPIRING HEALTH FOR ALL

More than an aspiration, it's an ethos, a way of life.



INSTILLING VALUES

#### INSPIRING INNOVATION

We believe in instilling values and inspiring innovation in our students.



HOLISTIC MEDICINE

#### HOLISTIC EDUCATION

We believe in practising holistic medicine and imparting a holistic education. PERSONAL COMMUNITY

**GLOBAL** 

We believe in inspiring health beyond individuals, to communities and the world.

## **INSPIRING**

Giving someone the desire, confidence or enthusiasm to do something well.

## Instilling Values

At our School, we know the brightest don't always make the best doctors.

Rather, it's those with both head and heart that truly make a difference.

That's why we prioritise the impartation of values through role models and our mentorship programme, to create a culture of respect, integrity, compassion and humility, so that they are the hallmark of every graduate.

#### Respect

Respect for patients and other healthcare professionals beckons our students to each be the best version of themselves.

"The practice of Medicine demands a lot more than hard knowledge. I learnt this by seeing how my tutor treated her patients with respect as she went beyond medical treatment to touch their lives. The opportunity to see this firsthand from a role model not only reminded, but inspired me to see patients as more than a condition." **RACHEL PARK** 

NUS Medicine Student Phase III





### Integrity

Integrity calls each of our students to the highest standard of professionalism.

"My clinical rotations from Year 3 to 5 and the Health Ethics, Law and Professionalism track helped me appreciate how crucial integrity is in the workplace. It is doing the right thing even when no one is watching you. I am grateful for role models who displayed courage in acknowledging mistakes and standing up for what is right."

DR MICHELLE SIM NUS Medicine Alumna Family Medicine Resident

#### Compassion

Compassion drives each of our students to go the extra mile.

"Working Without Walls (WWW) was birthed from a leap of faith for us to reach out to a frequently overlooked community – our migrant workers who have left their homes to build ours.



Being able to use this project to contribute to our juniors' orientation experience highlights the need for a heart of service. This would help remind us to be compassionate and have our future patients at the heart of all we do."

**TEO JUN HAO** NUS Medicine Student Phase V



### Humility

#### Humility puts our feet back on the ground.

"During my clinical years, I encountered many patients who spoke only Malay. When I failed to understand their concerns, I was humbled. This inspired me to start the Language Task Force to help my classmates and I learn other languages to bridge the communication gap between us and our patients."

DR ARTURO NEO NUS Medicine Alumnus House Officer

## INSPIRING

Creating the environment for health to grow.

"Kenn", a pioneering modular hand splint serving multiple functions in one, with no size restriction on writing tools to be attached.

## Inspiring Innovation

At NUS Medicine, we believe in creating the environment in which our students' talents and gifts flourish.

Whether it's talent in innovation or the gift of compassion, our School provides the platform for our students to grow and shine.

The Medical Grand Challenge (MGC) is an adventure that challenges students to turn radical ideas into reality, to meet unmet health needs.

Creativity, inter-disciplinary friendships, with a dash of dare-devilry, make the perfect petri dish for ideas to bloom. "MGC gave us the rare opportunity to step out of our comfort zones and learn from professionals in the industry. It was more than just identifying an unmet health need in our society.

The process also involved formulating actionable solutions, and helped us stand in the shoes of our patients.

NUS Medicine offered us many opportunities to grow our idea through various courses, ranging from intellectual property protection to visits to Medtronic. We greatly treasured the opportunity to work with students from various faculties!" MGC WINNERS 2019



## Inspiring Innovation

At NUS Medicine, we use innovative technologies to enhance our students' learning. We envision doctors who boldly engage technology to learn and lead.

At our Centre for Healthcare Simulation, the biggest and most comprehensive of its kind in Asia, students work in teams to handle intense medical situations and emergencies in various settings like the Operating Theatre or Emergency Room.

The Virtual Interactive Human Anatomy (VIHA) simulation model complements traditional anatomy classes to enhance each student's learning experience.

"The curriculum made my learning process so much more enjoyable through many interactive programmes such as the Virtual Interactive Human Anatomy and patient interaction during the Communication with Patient programme from Phase Il onwards.

On top of that, our professors teach us passionately and go the extra mile to provide feedback. Their dedication inspires us to press on in this rigorous course."

**IRWIN HENG** 

NUS Medicine Student Phase II

Students experiencing the cutting-edge technology of the VR system

### HEALTH

State of complete physical, mental and social well-being, not merely the absence of disease.

## Holistic Medicine

At NUS Medicine, we nurture doctors who practise holistic medicine from a multidimensional perspective that values and celebrates the physical, mental, social, spiritual, emotional and cognitive aspects of health.

We believe that good health is not merely an outcome to be pursued through curative medicine.

Rather, when practised as a way of life, good health is a process to be celebrated.

"Thanks to dedicated tutors in the Medicine & Society track, I learnt to develop a person-centric, rather than a disease-centric, approach to health.

Public health exposure prompted me to appreciate that a person's environment and circumstances are imperative to facilitate well-being.

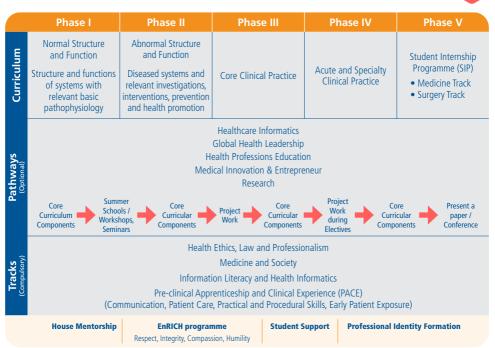
I've learnt that empathy is necessary to develop holistic treatment and prevention plans, programmes and policies that truly serve the people."

Thinking in Carcles About Obeam

EPIDEMIOLOGY

DR PRINYANKA RAJENDRAM NUS Medicine Alumna Senior Preventive Medicine Resident





### **Holistic Education**

Holistic care begins with a holistic, integrated curriculum. "The variety of

We place great emphasis on treating the patient, not just the disease. Early exposure to patients in a ward setting, visiting families in their home settings through the Community Health Projects and learning about the various social determinants affecting health, help our students honour humanity.



'The variety of opportunities NUS Medicine offers has helped me develop holistically. The variety of projects, pathways and interest groups encourages students to develop as well-rounded individuals, and not just medical students. For example, as a dancer, I found platforms such as Rag and Flag where I could grow and shine in." **AMARINDA TAN** 

NUS Medicine Student Phase II



At our School, we believe that good health belongs to everyone. We stand for social justice and equity, to make healthcare available to all.

"For All" reflects the personal, community, and global aspects of healthcare education that every student journeys through.

### Personal

Medical school can be challenging.

Here, we believe that a culture of community and mentorship is key to learning. At NUS Medicine, we are committed to promoting self-care and cultivating a safe, encouraging place where students and educators support one another.



"What I love most about NUS Medicine is the dynamic and supportive community. Here I have met friends, seniors and professors who genuinely care and look out for you. I never feel alone. It is inspiring to recognise that there is room to grow, and reassuring to know that there is a strong support system when I need one."

DING YI CHEN NUS Medicine Student Phase II



## Community

At our School, our students go beyond the campus to make a difference.

They understand the importance of giving back to the underserved. Every life transformed, counts.



"Our experience in TriGen, a community service project where secondary school students are led by university healthcare students to visit seniors regularly, was a memorable one.

Through an intergenerational approach to geriatric care, it's been such a joy to see our seniors integrated back into the community, while empowering students with precious values. We are grateful for this opportunity to give back to our community through a strong spirit of service at NUS Medicine." LIM JIA YING (PHASE II), PRACHI SIMRAN (PHASE III), TAMMY HAN (PHASE III) NUS Medicine Students



"I'm thankful to be part of a School that promotes studentled community service. At the National Health Screening event, my classmates and I stepped into the homes of low-income seniors to see how socio-economic and psychological factors impacted their access to healthcare. It was a humbling experience for many of us who grew up relatively free from hardship."

BENJAMIN TAN KYE JYN NUS Medicine Student Phase III



At NUS Medicine, we envision leaders who are socially responsible, emotionally resilient and global-minded.

## Global

The Global Health and Leadership Programme nurtures students to become compassionate humanitarians who care for our world.

Our students embark on overseas trips to assist underserved communities in capacity building and education. Their goal is to empower communities to be independent and discover themselves to be powerful agents of change.

"NUS Medicine has built up an extensive network with student overseas community service trips. This valuable investment nurtures us to value community, environmental and preventive healthcare. I have the privilege of being with our students on overseas trips where a hot shower is a priceless luxury.

Community health experiences and out-of-classroom learning cement what our faculty teaches in wards, tutorials and lectures. We build a foundation of hope and humility in our students, through visiting migrant workers in their



FOR ALL

dormitories, senior citizens in community settings and single-parent families from low-income sectors of Singapore. This sharpens our sensitivity to complex situations of inequity and justice. Sharing my experiences with medical students to nurture their calling is a privilege for me."

#### DR TAN LAI YONG

Associate Professor Tan Lai Yong NUS Medicine Alumnus CAPT (Primary) NUS Medicine (Joint)



FOR ALL

### Global

"The elective during my fourth year at NUS Medicine gave me the opportunity to work in rural Uganda for two months. That life-changing experience exposed me to the needless suffering of patients with diseases that were preventable and easily treatable. It gave me a greater understanding of the global poor's needs.

The spirit of service blazed by humanitarian healthcare workers inspired me to live in Nepal and India periodically over the next decade, empowering communities through capacity building and education."

DR PANG NINGYI NUS Medicine Alumnus



The Freshman Orientation Camp Community Involvement Project experience is a remarkable learning experience because it involves stepping beyond the classroom towards genuine interaction with migrant worker communities.

There, I was heartened to witness the energetic participation and displays of compassion by my classmates, exemplifying the School's tradition of service.

As aspiring doctors, it is important we keep our minds open to the world, and our hearts earnest to learn and serve, because a good heart is better than all the heads in the world."

#### BJORN KAIJUN BETZLER

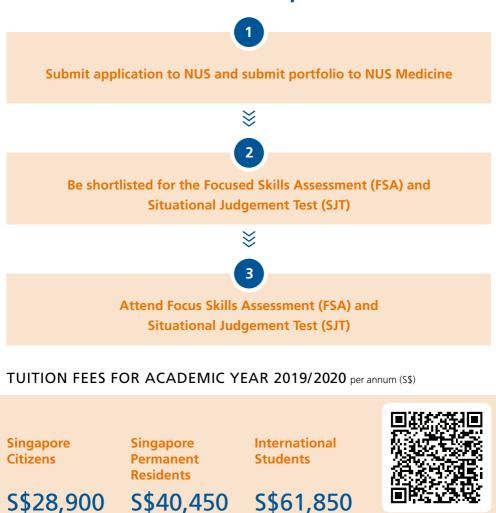
NUS Medicine Student Phase II

We also encourage students to avail themselves to opportunities abroad, through student programmes at more than 20 top international medical schools, during two elective periods in Phases III and IV. Schools such as Harvard Medical School, University of Cambridge, Christian Medical College in Vellore, India are some of the exciting possibilities that await.

A spirit of inquiry permeates our curriculum and encourages the realisation of every student's potential.

### Join us to inspire health for all.

### Admission to NUS Medicine The 3 Steps



Scan QR code for updated fees

#### Aptitude-Based Admissions Scheme (ABAS):

The Yong Loo Lin School of Medicine offers admission to a small number of outstanding individuals, for up to 10% of the intake, through the ABAS. Applications submitted through this route will be evaluated by the Selection Committee on the basis of achievement and ability, in addition to academic results.





Scan QR code to find out more

#### **ENTRY REQUIREMENTS**

Details on admissions, including health requirements, financial assistance schemes, ABAS and answers to frequently asked questions (FAQs) about the admission process including subject prerequisites, FSA and SJT are available at http://bit.ly/medicine\_admission

#### CONTACT

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