



FEEL THE PULSE

- Neighbourhood Health Screening 2013
- Public Health Screening 2013

UP CLOSE & PERSONAL

- Mr Alec Lim Swee Chong
Vice-Dean (Administration)

KOPI-TALK

- White Coat Ceremony 2013
- Bailamos – NUHS Dinner and Dance 2013
- NUS Inter-Faculty Games 2013

REFLECTIONS

- Body of Work

MY STORY

- The Art of Balancing
- Avatar of Public Service

ALUMNI VOICES

- Catching up on Good Times

WHAT'S IN SIGHT

- November 2013 – January 2014
- 3 Steps to Stay Connected

IN LIGHTER VEIN

- Coat of the Day
- White Coat Humour
- Picture Quiz



Yong Loo Lin School of Medicine

MediCine

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Dean's Message



Dear Friends,

My warmest greetings to you!

We have had an eventful past few months, replete with exciting activities and

milestones. In this issue of MediCine, we will be sharing with you some significant events of the past few months, as well as a collection of heartfelt personal accounts from within the Medical School community. Allow me to share some highlights to whet your reading appetite.

On 7 August, we welcomed the Class of 2018 into our healthcare family at the White Coat Ceremony. Families and friends watched with pride as 300 medical freshmen took to stage to receive their medical white coats from distinguished members of the medical fraternity. We will ensure that they receive the best medical education experience and be groomed and nurtured to be the next generation of doctors!

I would like to take this opportunity to congratulate our medical students who came in overall champions in the recent

NUS Inter-Faculty Games 2013, garnering 6 gold medals and amassing the highest total points amongst the participating faculties. Our congratulations also goes to our Phase V Medical student Tan Yuan Zi who emerged as the top 59th fencer in the 2013 World Fencing Championships held in Budapest, Hungary. It is the first time that a Singaporean has been placed at the World Fencing Championships and truly amazing for Yuan Zi to have achieved this while balancing final year studies!

Our students have once again done the school proud by organising and participating in annual student-led initiatives such as the Public Health Screening (PHS) 2013 and Neighbourhood Health Screening (NHS) 2013. PHS 2013 was a huge success with large numbers of the public showing up for their free health screening at the Toa Payoh HDB Hub that was spread of two days. Our alumni also joined in the effort by going on-air via Power 98FM to provide health tips to the general public. New to this year's Neighbourhood Health Screening is the NHS iPad application, which was created (in collaboration with students from the School of Computing) to integrate questionnaire and public health education. Student participation for NHS 2013 has also doubled from last

year. In both PHS and NHS, our students demonstrate their compassion and public service spirit, in anticipation of serving our community as doctors of tomorrow.

This year, we are saddened by the loss of our friend and colleague, the late Dr Tan Chee Beng (Class of 1987), CEO of SingHealth Polyclinics. Dr Tan was a great doctor and a passionate and humble leader who was devoted to advancing Family Medicine. In this issue, we are honoured to have his son, Phase I Medical student Benjamin Tan, share with us Dr Tan's passion and dedication to the public service in Medicine, truly an inspiring role model for all of us.

Before I pen off, let me wish everyone season's greetings for the year end, and we all look forward to an even better year in 2014!

Enjoy the read!

Yeoh Khay Guan

Dean

Yong Loo Lin School of Medicine

Neighbourhood Health Screening 2013



2013 marks the seventh year of service for our Neighbourhood Health Screening (NHS). This local community service project, initiated by medical and nursing students of the NUS Yong Loo Lin School of Medicine and Alice Lee Centre for Nursing Studies, aims to re-integrate residents-at-risk back into the healthcare system by eliminating common barriers to healthcare and provide a holistic health service, ultimately, creating a sustainable healthcare ecosystem.

Over two days this year, volunteer medical students carried out free annual door-to-door basic health screening for elderly residents living in one-room or two-room rental flats to identify those at risk of chronic diseases such as diabetes mellitus, hypertension, hyperlipidemia and colon cancer. The early detection allows the residents with medical

and social issues to benefit from the intervention and prevent deterioration of diseases. The medical undergraduates will then continue medical and social/financial follow-ups with the residents throughout the year on health, social and financial issues, working closely with grassroots and social partners to ensure that they are referred to appropriate organisations.

When the project first started in 2006, 240 NUS medical students stepped up as volunteers. This year, the number has more than doubled to 500 medical students participating in the scheme. With the additional strength, the team was able to conduct the mass screenings for over 1200 units in Taman Jurong and Eunos Crescent and follow-ups for Bukit Merah. Health-related fundamentals such as thermometers and healthcare packs containing pillboxes and bandages

were given out to the poor and aged residents. Improvements were initiated for the outreach efforts led by Phase II Medical students Ke Yu He, 21, and Christopher Thng, 20. For example, a NHS iPad application was created to integrate questionnaire and public health education. Greater community partnerships with organisations such as Community Health Assist Scheme General Practitioners, polyclinics, Tzu Chi free Medical clinic, Medical Protection Society, Care Of the Disabled Elderly 4, including collaborations with the NUHS Family residents were also forged to help improve follow-up protocols.

Aside from helping the residents with their healthcare needs, our students learn how to serve the community and inculcate a strong sense of empathy, teamwork, public service ethos, and professionalism.

Public Health Screening 2013



Public Health Screening (PHS) 2013, the eighth edition of the annual free health screening organised by our medical students, drew to a successful close on 6 October with more than 1400 members of the public above 40 years of age benefiting from the free screening and educational services provided. Adopting the theme of “Keeping Fit, Living Healthily”, with an emphasis on “Health Begins with You”, in a bid to encourage participants to take a proactive approach in managing their health, PHS was geared towards both primary and secondary prevention of disease in the community. Guest-of-Honour Associate Professor Muhammad Faishal Ibrahim, Parliamentary Secretary of Health, concurred with this notion, emphasising that “even as the Government helps alleviate healthcare costs, we need to continue to do our bit to stay healthy and save for the future. Our health is a collaborative responsibility and I would like to commend all of you here today for being responsible for your health.”

Notable improvements in PHS 2013 include the introduction of venipuncture as a more accurate means of testing for dyslipidemia and derangements in blood glucose and the enhancement of the screening layout which enabled a more seamless flow through the stations. The alumni joined in the PHS effort by participating in a month-long radio campaign on Power 98FM, providing health tips on salient topics to educate the public as well as raise awareness of services offered at PHS. DJ Elliott Danker was also at the event reporting a live coverage of PHS Day 1 to his listeners on Power 98FM.

I volunteered at the consultation booths this year. While it was more challenging than the duties of Phase I to III student volunteers, I felt more empowered to dish out medical advice. I cannot wait to be fully qualified as a doctor to come back and volunteer again!

Lucas Lim (Phase V Medical student), student volunteer for PHS09 – PHS13



Mr Alec Lim Swee Chong

Vice-Dean (Administration)
Yong Loo Lin School of Medicine



If the doctors, teachers and students of the school can be likened to stage performers who visibly epitomise what the school stands for, Mr Alec Lim, 50, and his team are the backstage crew who efficiently, seamlessly and quietly make sure that everything runs like clockwork. Few actually see what the Vice-Dean of Administration does. But without him, nobody else can function. The former Navy veteran reveals why Administration is so critical.

What do you do?

I lead a team of about 30. When I first joined the school four years ago, I was in charge of three areas: Administration which means I run the office, human resources for all staff apart from researchers and teachers, and IT.

Since then, my portfolio has increased to include infrastructure, relations with local and international partners as well as the alumni, and development which ties in to fundraising. We also do procurement, events management and work with the legal department.

You can say I am a Jack of all trades.

This is an incredibly diverse portfolio. Do you have an overall focus?

I see ourselves as the back-end team, supporting everyone and making sure that things run smoothly so that we can continue to be the leading medical school in Asia.

I also see myself as an effective interface between management and the people on the ground: I understand what is needed on the ground, and then I translate it for management.

It sounds challenging. How does 25 years of experience with the Singapore Armed Forces help you here?

I was with the Navy. I was among the first crew of submariners trained in Sweden, and was part of the team that developed the Submarine Safety Programme as well as the infrastructure of the current home of the Submarine Squadron. I also helped to establish the submarine training school that now provides the manpower for Republic of Singapore Navy's submarines in Singapore.

You can see I was given the opportunity to develop an understanding in a diversity of areas which have helped me here. My job then was also on the back-end, to make sure the war machinery does what it is supposed to do. I am doing the same here, except it is healthcare.

How is working in the School different from the military?

In the army, there is the military hierarchy – 'I say. You do.' Over here I need to convince the people working with me. Here too I'm working with a small team and my scope of work is so much wider – anything that doesn't fall into any other divisions comes under administration. In this present complex healthcare structure, it is essential to integrate the backend team to the frontline healthcare professionals.

What are some of the things you have been most proud of since working at the School?

We try to minimise the administrative load. For example, in the past if infrastructural improvements were needed, people had to individually put up requests for funding. We now consolidate all these requests and present it as a School.

I also get a sense of satisfaction when my requests for funding - such as for developing or refurbishing buildings - are approved. Ours is the only School within the NUS to have two spanking new buildings.

I am also in charge of how the School develops physically, and I am looking forward to planning the building development until 2020. My hope is to open up more space for greenery in the School so it is a more conducive environment.

White Coat Ceremony 2013

On Wednesday, 7 August 2013, families and friends gathered on at the NUS University Cultural Centre to witness the White Coat Ceremony for the Class of 2018. The prestigious event which celebrates the start of the students' medical studies has been a tradition of the School's freshmen orientation programme since 2008. This year's ceremony was opened by The Instrument Collective, an ensemble of Phase II students, who self-arranged and performed various pieces, including a Les Misérables medley, which delighted the crowd.

Gracing the ceremony was Associate Professor Chin Jing Jih, President of the Singapore Medical Association. In his speech, A/Prof Chin traced the history of the white coat as a symbol of the medical profession, underscoring the significance of the Ceremony.

It was a solemn and honourable moment as our freshmen proceeded on stage to receive their white coats, donning them with the help of distinguished members of the medical fraternity. This was followed by the recitation of the Medical Students' Pledge, led by Mr Charles Ong, 64th President of the Medical Society. The students also had a behind-the-scenes look to the exciting medical school life they can expect in the years ahead through a video montage. The Ceremony was an important milestone in the lives of our first year medical students and we warmly welcome them into the medical family!



Our aspiring freshmen looking all ready to take on this new and exciting chapter in life!

Work hard!
We are proud of ü!

The ever popular pillar wraps were filled with well-wishes and words of encouragements by families, friends and lecturers.

Bailamos

NUHS Dinner and Dance 2013

The National University Health System (NUHS) Dinner and Dance 2013 was successfully held at the West Central Ballroom of the Resort World Convention Centre, Sentosa on 31 August. 2,360 healthcare professionals and staff from the NUHS group let their hair down and glammed-up to the Latin theme of the night - "Bailamos", which means "We Dance". There was never a dull moment as guests warmed up with a Bailamos flash mob and fashion runway item by the National University Hospital (NUH) staff. Multi-talented medical students also took to stage their instrumental band performance and awed the audience with a stylish dance routine. The very refreshing and surprising event of the night was a performance by the NUHS senior management. It started with Associate Professor Benjamin Ong, Chief Executive, of the NUHS strumming away on his guitar as 15 other senior management grooved on stage in their Mexican costumes. The celebrity emcee, Mr Moe Alkaff, played amusing games with audience that kept energy high through the night. It is no surprise that everyone, including the guest-of-honour, Mr Gan Kim Yong, Minister for Health, departed the ballroom with big smiles on their faces. Kudos to the organising committee of 16 from the NUH, NUS Yong Loo Lin School of Medicine and Faculty of Dentistry, who met up regularly for 11 months to put together such a memorable night. Grātulātiō!



NUS Inter-Faculty Games 2013

Our medical students emerged as winners for the NUS Inter-Faculty Games once again. Congratulations Champions!



Body of Work

In a nondescript building on the NUS Yong Loo Lin School of Medicine campus, a group of students are about to come face to face with the dead.

With gloved hands placed on the cadavers that are lying on gurneys in front of them, students solemnly recite a pledge to respect the dignity and integrity of the remains that they are about to work on. Earlier, they had learned of the care that the School takes in receiving and embalming the bodies to prepare them for prosection.

The students had also been told about the importance of according these once living bodies due care and proper respect, and also in recognition of the generosity of their owners in bequeathing their bodies to the School for medical education. Video interviews with body donors were also shown to drive home the point that cadavers, referred to by Department of Anatomy professors as “silent mentors”, were once sentient, living people.

Silent teachers who speak volumes

Cadavers at the School are used in anatomical teaching to help medicine, dentistry, pharmacy, nursing and life sciences students to understand the structural organisation of the human body as relevant to normal function as well as clinical examinations and surgical procedures, said the head of the Department of Anatomy, Professor Bay Boon Huat. Anatomical studies also prepare students for the study of pathology, so as to appreciate the basis of diseases in their clinical years.

“There is currently no other mode of learning that can replace the hands-on experience derived from working with cadavers. While computer-aided learning has its benefits, many pedagogical studies have shown that practical experience with cadavers remains superior: how then can a medical student appreciate three dimensional relationships, anatomical variations in the human body and have a tactile understanding of real human tissue, organs, and bones? How is that student to gain an understanding of normal and diseased tissue and their texture if he or she has no formative experience derived from working with cadavers?”

When it comes to training the doctors of tomorrow in the science of anatomy, cadavers are indispensable teachers that impart more than mere facts and information.

While software or computerised models for anatomy classes or dissection are a boon, “imbibing values like respect, responsibility and gratitude can never be achieved using web-based or other tools,” comments Associate Professor Ng Yee Kong.

Also, computer-based learning takes away the human side of things, adds Associate Professor Rajendran K. “That’s the point of using real cadavers,” he insists. “It also drives home the point that every person is different. Each cadaver is different—like real patients.”

Since 2009, the department has used cadavers as to emphasise the humanistic side of medicine. This stresses core values like respect, responsibility and gratitude, and is meant to inculcate in students the ethos that will guide them into becoming professional, caring and compassionate doctors.

The ceremony described earlier introduces Phase I medical students to the study of anatomy. At the end of their year-long module, another ceremony rounds off this formative experience for the students. Then, the students are encouraged to reflect upon their working with cadavers in prose, poetry and music, explains Prof Bay. “In the year that they spend in anatomy studies, the students gain insights and understanding of the workings and structures of the human body. It is a deeply profound learning experience, one which we encourage them to express in words, even music.”

Reflections

The music is stirring and the sharing heartfelt at the School’s recent 2013 Silent Mentor ceremony, during which Phase V Medical student Kwek Lee Koon, talk of her experiences as an exchange student at Tzu Chi University in Taiwan.

The cadaver she worked on belonged to a man who decided to donate his body to make a contribution to society. “He felt that throughout his 89 years of life, he had not really done anything. And he didn’t want to die being someone who hadn’t done anything,” she recalls. So he said, ‘I want to make better doctors out of the young people today.’”

More on next page...

... continued from previous page

Seeing the person inside the patient

While the specimens that students work on here at the Yong Loo Lin School of Medicine are, in most cases, already dissected or prepared, the emotional experience is nonetheless memorable.

“Although the faces of these cadavers were unrecognisable, fingernails at the fingertips and strands of hair on the scalps were still visible, reminding me that these silent mentors were once alive and were people like us, with dreams, hopes, aspirations, disappointments and despair,” said Phase I Medical student, Lynn Ong.

“They were my first patients, and also my irreplaceable, unique teachers of the human anatomy. My silent mentors taught by letting me explore the wonders of the human anatomy and learn the structures of the organs and vessels. Each encounter with them was also a lesson on the importance of the right frame of mind and corresponding attitude that I should always adopt as a student and later, a practitioner of medical science. Other than the knowledge of human anatomy, my silent mentors also taught me the importance of according each and every one of my future patients with the dignity and respect that they deserve.”

In many ways, these formative experiences are precisely what the NUS Yong Loo Lin School of Medicine intends: the aim is to turn out caring, informative, and clinically better doctors, said Prof Bay. “Doctors who develop emotionally as they improve practically, always considerate of the man, woman or child inside the patient.”

Very special people

Equally special are the people who donate their bodies to medical education, added A/Prof Rajendran.

While the number of people willing to gift their bodies is still very small in Singapore, the professors are hopeful that greater public awareness of the importance and benefits of body donation to medical science will lead to more of such bequests. They stress that the act of donating one’s body is a service to society. “This is a very noble act,” explains A/Prof Rajendran. “It benefits a lot of people; it’s appreciated. The process is not difficult and we are willing to advise and counsel the family or community on how body donation can be effected.”

After about three years of edifying and enlightening medical students, the body will be cremated and returned to the family. A/Prof Ng remembers a case when a family had requested a sea burial for the ashes of their loved one. “So we accompanied them out to sea. The relatives were very touched,” he reveals.

Sister Genevieve’s gift to medical science

Catholic missionary Sister Genevieve Ng, MSS (Missionary Sister of Service) might be 75 years old, but she has the energy and the high wattage smile of a teenager. It was her father, a Zen master who dedicated his life to serving his community, who inspired her to will her body to medical education.

“The Zen compassion was very strong. He said, ‘God put you here for one purpose: to make this world a better place for you, for the whole universe. So when you die, continue to do that good,’” she says with a yet another smile.

Sister Genevieve was referred to the Department of Anatomy by her attending physician. After she had signed the paperwork to leave her body to medical education, she set about persuading numerous friends to do the same thing. How many, exactly? “It’s hard to know,” she laughs.

Currently undergoing treatment for cancer, Sister Genevieve is a regular visitor to the National University Cancer Institute, Singapore. She has these words for people contemplating the idea. “What are you scared of? Your fear is the unknown. Yet the more you read of how it would benefit people, the more you’ll be filled with the knowledge of the good you will achieve, and the fear will disappear. It’s only a feeling. A feeling is neither good nor bad; it’s what you do with it that counts. If only people could see the results of what this research does.”

If you would like to donate your body to the NUS Yong Loo Lin School of Medicine, or want more information about the donation process, visit <http://medicine.nus.edu.sg/ant/body-donation/index.shtml> or call 65163200/65163201.

The Anatomy Student’s Oath

I, _____, solemnly pledge to:

- uphold the honour and traditions of the noble medical profession
- conduct myself in a manner in line with the highest standards of professionalism
- treat this once living human body with dignity, as I use it to further my professional goals
- show due respect and gratitude to my teachers
- constantly strive to add my knowledge and skills
- treat my colleagues as my professional brothers and sisters

I make these promises solemnly, freely and upon my honour

This article was first published in the July 2013 issue of Evidence+.

The Art of Balancing

In August 2013, Phase V Medical student Tan Yuan Zi concluded his individual event in the 2013 World Fencing Championships held in Budapest, Hungary. He had successfully made it through to the final round of top 64, emerging with the final position of 59th out of the 124 best fencers in the world. Yuan Zi shares with us how he manages between the high demands of being a national fencer and a medical student...

I have been fencing for almost a decade now and as a national fencer, I log about six training sessions a week, three to four hours each time to maintain my top performance. On top of my hectic training schedule, I travel out of the sunny island at least every other month to compete. Sometimes, I even have to postpone my end-of-posting tests (EOPTs) to travel overseas to compete, and end up having to do two EOPTs back to back when I return.

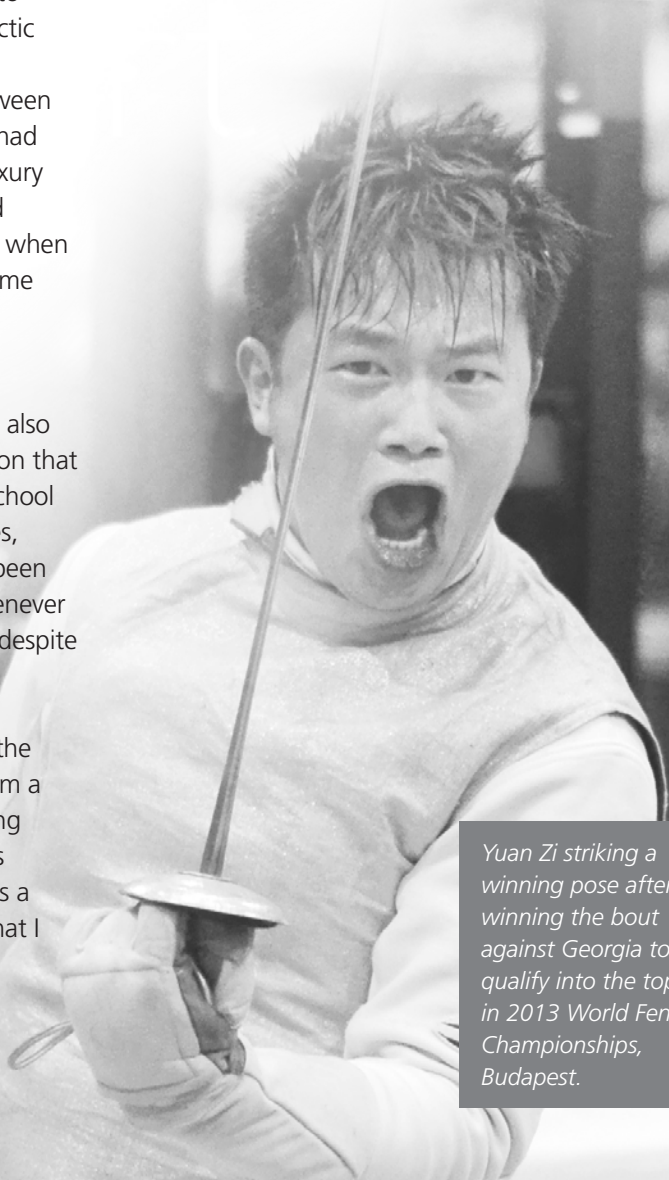
I am always on the go, day in and day out. A typical day for me goes like this: waking up at 5.45am to beat the traffic, staying in the hospital to see patients and study till 6pm, then going for training from 7 to 10 pm before reaching home after 11pm. If I am lucky, I get some time and energy to look through my notes for the day and prepare myself for another hectic day in the hospital tomorrow. Despite my best effort to cope with the overwhelming workload, there are times I have to make a choice between my academics and fencing. When I was a Phase III Medical student, I had to prepare for the 2011 SEA Games at the same time. Without the luxury of time, I could only focus on core conditions of my postings and read through the rest of the notes during the holidays. On the other hand, when my exams are nearing, I would reduce my training frequency to do some 'catching up'.

I credit my ability to manage my 'double life' to my family, the most supportive bunch of people that I have been blessed with. This would also not be possible if not for such an accommodating school administration that will go out of the way to try to fit my important competitions in my school schedule. I am glad to have a bunch of awesome Clinical Group mates, Louis Ng, Carolyn Tian, Kimberly Cheung and others, who have also been invaluable in helping me to keep in tandem with my school work whenever I am out of school. They would often help me out in my school work despite themselves being very preoccupied already.

I would not deny waking up in the morning at 5.45am might not be the most pleasant thing to do, but I get through the day knowing that I am a lucky man. I am lucky to have found my passion (fencing and preparing to be a doctor) and am even luckier to be given a chance doing it. It is my honour as a citizen of Singapore, a representative of my country as a sportsman and an aspiring quality doctor to do my best in this path that I have chosen for myself.



Yuan Zi attacking his opponent from Thailand in SEA Games 2011 (Indonesia).



Yuan Zi striking a winning pose after winning the bout against Georgia to qualify into the top 64 in 2013 World Fencing Championships, Budapest.

Avatar of Public Service

The late Dr Tan Chee Beng, CEO of Singhealth Polyclinics, was an alumnus of the School. His vision and enduring focus was on doing his part to serve the nation. He did this by helping to advance the practice of family medicine in Singapore in ways big and small. This passion continued even as he doggedly battled the cancer that eventually overwhelmed him last month. One of his last acts was both poignant and transcendent – he bequeathed his mortal remains to medical education at his alma mater. In life, and in death, Dr Tan’s exemplary dedication to medicine’s public mission remained undiminished, as his son, Phase I Medical student Benjamin Tan Jia Xing, explains...

My father was always described by his staff and his friends as someone who was always so humble. He never cared about status and titles. Even when he was ill, he would queue up patiently to receive treatment. He never complained when the waiting time was long and always made sure not to trouble others, even if he was suffering in pain or was feeling uncomfortable. Sometimes, my father’s friends would offer him preferential treatment so as to make things quicker and easier for him, but my father would always decline.

My father was also extremely dedicated to family medicine. Some of the notable things he did to advance family medicine in Singapore would be visiting the newly built James Cook University to learn about how the Australians taught and conducted examinations for those who wished to get a graduate diploma in family medicine. My father then went on to set many of the exam papers for those who pursued the course. My father was also highly involved in the Family Medicine training programme, becoming the first chairman of the Family Medicine Residency Advisory Committee in 2010. He worked really hard to improve the quality of teaching of family medicine in Singapore, pushing for it to be taught in the polyclinics, and making sure there were enough tutors for the students to get the best possible learning environment for the students to become even better doctors. That was on top of the demands of his work at Singhealth Polyclinic.

In the words of many of his staff, my father forever transformed the polyclinics in Singapore. My father worked laboriously for public service, even till the last days. Despite being breathless, he still attended a meeting on Saturday with the Singhealth management.

The point I’m trying to make here is not to glorify my father’s achievements or anything of that sort. Rather, it is really for us to reflect what we want to do after we graduate. What path do we want to take? I’m not talking about what to specialise in, but what do we want to leave behind? What legacy do you want to leave?

More on next page...

My Story

... continued from previous page

I think if there's any unifying answer to the question, it would be the Hippocratic Oath. It speaks of us being bound to be of service to others and to share our knowledge with the next generation of doctors. In my father's words, success in education is defined by the next generation being better than ours. We are privileged to be able to study medicine, and with all this knowledge, it would definitely be in our teacher's hopes that we use it wisely both for our patients and for the next generation.

One thing I would like to encourage everyone to do, would be to always remember your roots. Over the past weeks, I've received many messages of support and well wishes to remain strong from my friends and surprisingly many of my teachers, from both secondary school and junior college.

Let me quote a section of a particular message from my secondary school form teacher and English teacher. After specially crafting a long well-written sms, she ended off with this: "I have to write this message because a teacher never stops caring for her students, including her ex-students." We are where we are today because of our teachers, and we must thank them while we can.

Last Thursday, on Teacher's Day, the last day of the funeral before my father's body was donated to NUS, I was particularly touched by a friend of my father. Despite the heavy rain, this person came down

with tears in her eyes to send my father off. She was visibly shaken from the passing of my father. She eventually told my mum and me that my father was her teacher and mentor 15 years ago while she was in Bedok polyclinic. She had to come down to send my father off, no matter what. Not even the heavy rain would stop her. I would never forget that moment.

During my father's wake, many of my father's mentors also came down to send him off, including Associate Professor Goh Lee Gan, Associate Professor Rajendran K. and many more of our professors. They were all once mentors of my father and it really saddens me to see a teacher send their student off on his final journey. It pains my heart even more to know that the anatomy department has to prepare my father's body too so he can become a silent mentor to carry on teaching the next generation of doctors. What's worse than a parent losing their child would really be a teacher losing their student or a student losing their teacher.

I hope we remember how special this bond is and study hard, because the only thing our teachers expect of us is to give our best, and become successful and competent doctors, just like many before us.

I would like to end with a quote, from my father. This quote was especially special to him, because it was like his goal in life- "There are only two things you must do in this lifetime: Be of service to others as much as possible, and polish your inner being to its fullest radiance."



The late Dr Tan Chee Beng

Catching up on Good Times



Calling all graduates from Class of 1992!

Class of 1992 will be holding a class gathering on Saturday, 4 January 2014 at Shaw Foundation Alumni House. Don't get left out, RSVP now! For more information, contact Dr Elsie Yong at elsie_yong@nuhs.edu.sg

Thinking of holding a class gathering to reconnect and reminisce the old times, but too busy to do so? The Yong Loo Lin School of Medicine Alumni Relations Team can provide all the support you need to make your long-awaited gathering hassle-free, smooth and memorable! For more information, contact us on alumni.med@nus.edu.sg

November – January

Details may be subject to change at the discretion of the respective departments without prior notice.

DATE	EVENT & VENUE
Nov 17 – 20	8th World Congress on Development Origins of Health and Disease SUNTEC Singapore Convention & Exhibition Centre
Nov 18	Medical Publications Support Unit Distinguished Editors Series: Double Bill Lunch Talk – Research to Improve Global Health Centre for Translational Medicine, LT 35
Dec 14	Playhouse Anglo-Chinese Junior College, Mrs Lee Choon Guan Theatre
Jan 15 – 19	11th Asia Pacific Medical Education Conference National University of Singapore

3

Steps to Stay Connected



1

Update your particulars



with us via email (alumni.med@nus.edu.sg) and receive the latest news and events around school

2

Contact Us



to plan your next class gathering!

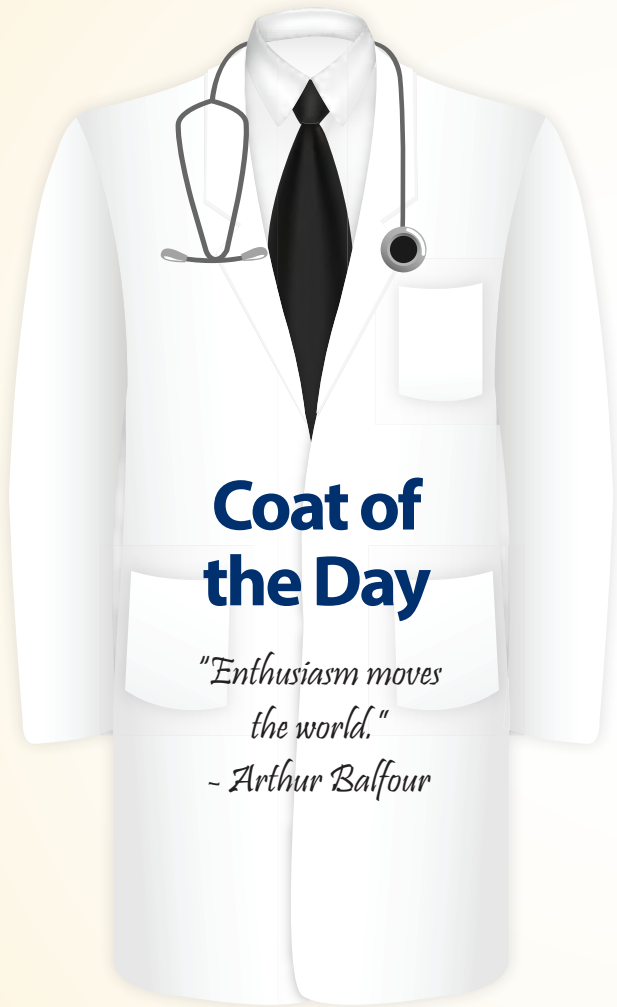
3

Choose your part/role



in shaping the next generation of doctors.

- Admission selection committees
- Career guidance to students
- House mentor
- Mentor for student initiatives



White Coat Humour

Two elderly ladies had been friends for many decades. Over the years they had shared all kinds of activities and adventures. Lately, their activities had been limited to meeting a few times a week to play cards.

One day they were playing cards when one looked at the other and said, "Now don't get mad at me....I know we've been friends for a long time.....but I just can't think of your name! I've thought and thought, but I can't remember it. Please tell me what your name is." Her friend glared at her. For at least three minutes she just stared and glared at her. Finally she said, "How soon do you need to know?"

Picture Quiz

The Results are out!

The correct answer for the last issue's Picture Quiz is:



Clinical Research Centre (MD11)

Congratulations to our three winners!

- Tjio Ci'En Gabriel (*PhD student, Department of Diagnostic Radiology*)
- Hanom Hamsan (*Asst manager, Alice Lee Centre for Nursing Studies*)
- Hong Shin Yee (*PhD student, Department of Biochemistry*)

Winners will be notified by email on prize collection.



Yong Loo Lin School of Medicine

The Yong Loo Lin School of Medicine was the first academic body in Singapore's history dedicated to tertiary education. Established in 1905, it has the honour of being the foundation of what has now evolved into the National University of Singapore. The School is a strong component in the University's Mission to advance knowledge and foster innovation, educate students and nurture talent in service of Singapore and society.



Which building can I be found on?

Submit your answers to: alumni.med@nus.edu.sg

Contest ends on: 1st December 2013

First 3 correct answers will win a **\$10 Starbucks Card** each!

Multiple entries are not accepted.

MediCine

is brought to you by the
Yong Loo Lin School of
Medicine, Dean's Office.

Please contact:

The Editor, MediCine

Yong Loo Lin School of Medicine, Dean's Office

1E Kent Ridge Road, NUHS Tower Block, Level 11 Singapore 119228

Tel: 6772 3804 | Fax: 6778 5743

Email: yllsom@nus.edu.sg | Website: <http://medicine.nus.edu.sg>