

# PARTICIPANTS NEEDED



This is a research project by the National University of Singapore (NUS) to help us understand how tropical heat in Singapore impacts health, safety, and work performance during simulated manual work.

## PROTOCOL SUMMARY:

### Familiarisation + Experimental Sessions



1

2

3

4

1x ~3.5h Familiarisation Session +  
3x ~3.5h Experimental Sessions:  
Treadmill exercise with physiological  
monitoring, and VR-based tasks  
in different hot and humid  
environmental conditions

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## REQUIREMENTS

- Healthy, physically active males (21 to 40 years old)
- Fully vaccinated against COVID-19 (based on prevailing national definitions)
- Willing to swallow or rectally self-insert a telemetric capsule
- No pre-existing or history of heat injury, chronic medical conditions (e.g. cardiovascular, respiratory, gastrointestinal) and/or balance/gait disorders
- No physical injury within the past 3 months
- Not afraid of heights

**You will be reimbursed for your time and effort**

For more information, please contact:  
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