

Learning How to Learn: The Science Behind Learning and Memory

- Course TGS Number: TGS-2022014561
- 70% - 90% SkillsFuture Funding Available
- SFC-Eligible

Saturday, 27 April 2024 9am - 5pm
Venue: Workshop, Level 1, MD9 (Department of Physiology)

Register by 19 Apr



Learn the wonders of your brain - **Discover More, Apply More.**
Maximise your brain capacity

Organised by the **Department of Physiology, NUS Yong Loo Lin School of Medicine**, this course employs emerging research on learning and memory science while focusing on the ways in which humans process, maintain, and apply knowledge.

Possessing an understanding of the pathways that underlie learning and how our memory works will help participants **understand why certain learning techniques work and how to adapt their lifestyle and health towards improved learning, thinking and creativity.**

Participants will learn about **how the brain generally works**, followed by a **deeper understanding of the neuronal basis of learning and memory.**

Understanding the science of learning and memory will help educators and teachers **gain essential knowledge on how the human brain works** and allow them to be equipped with the **skills to enhance students' learning experience** by reinforcing the retention of information.

Benefits of attending

- Understand the basic of learning sciences
- Identify and describe different types of memory
- Evaluate the principles and importance of different learning styles
- Evaluate the importance of lifestyles and health in learning and memory
- Apply cognitive training in humans, such as memory, attention, executive function (e.g., planning, organisation and goal management)

Who Should Attend

Educators / teachers who are keen to enhance their students' learning experience



Don't miss this opportunity to learn how to apply the knowledge and concept of learning and memory to their personal learning and teaching experience.

Learn More

Click here or Scan the QR code to visit our Course Webpage

Send An Enquiry

Contact us at nusmedcet@nus.edu.sg



Register by 19 April

- The scheduled course run will proceed only if the minimum class size is met.
- We reserve the right to cancel or postpone any course or change the venue due to unforeseen circumstances.
- In the event of a cancellation and the fee has been paid, a full refund will be made to registrants.