

**DEPARTMENT OF ORTHOPAEDIC SURGERY  
NATIONAL UNIVERSITY OF SINGAPORE**

**PESI B. CHACHA LECTURESHIP**

**9 – 12 January 2019**

Guest Lecturer:

**Steven R. Garfin MD**

Distinguished Professor, Department of Orthopaedic Surgery  
Interim Dean, University of California San Diego School of Medicine  
USA

*Program Director: A/Prof Gabriel Liu*

Programme (CME points will be accredited)

Venue: NUHS Tower Block, 1E Kent Ridge Road (S119228) *(unless indicated otherwise)*

Day	Date	Time	Programme	Venue
M o n	7 Jan 2019		Arrive Singapore	
T u e	8 Jan 2019		Free	
<b>Day 1</b>				
W e d	9 Jan 2019	6.40 am	Pick up from hotel lobby to NUHS Tower Blk	
		7.00 am	Meet Cluster Chair, HoD and staff	Meeting Room T11-01
		7.15 am	Lecture: <b>The S.I Joint. Diagnosis and Treatment</b> (30 mins) by Prof Steven Garfin Chairman: A/Prof Gabriel Liu	Seminar Room T11-02/03 L11, NUHS Tower Blk
		8.30 am	Photo taking	
		8.40 am	Tea	
		9.00 am – 12.00 pm	Resident clinical case teaching on common spine problems by Prof Steven Garfin Chairmen: Prof Pesi Chacha/A/Prof Naresh	Seminar Room T11-02/03 L11, NUHS Tower Blk
		12.00 pm	Lunch (A/Prof Naresh Kumar)	

		2.00 – 4.00 pm	Tour of hospital and research facilities (to be led by Asst Prof Lau Leok Lim)  (a) Clinics/Wards/Spine Centre  (b) Biomechanic lab/NUSSTEP	
		4.00 pm	Return to hotel	
		7.30 pm	Pte Dinner	
<b>Day 2</b>				
T h u r	10 Jan 2019	6.50 am	Pick up from hotel lobby to NUHS Tower Blk	
		7.30 am – 12.00 pm	Spine teaching session and GWR Chairman: A/Prof Gabriel Liu  7.30 am: Weekly post-op spine case review 9.00 am: Weekly pre-op spine case review 10.30 am: Special clinical case presentation and clinical research discussion  Chairman: A/Prof Thambiah	Seminar Room T11-02/03 L11, NUHS Tower Blk
		12.00 pm	Lunch and return to hotel	
		6.15 – 7.30 pm	5.30 pm: Tea Reception  6.15 pm: Welcome Address - A/Prof Wilson Wang, Head, Dept of Orthopaedic Surgery  Citation by A/Prof Gabriel Liu  <b>2019 Pesi B Chacha Lecture Approach to Treatment of Symptoms from Lumbar Herniated Discs. How Has It Changed Over 30 Years (A Literature Assessment) (40 min) by Prof Steven Garfin</b>  Presentation of Plaque by A/Prof Wilson Wang	Auditorium, L1, NUHS Tower Blk
		8.00 pm	Pte Dinner	

Day 3				
F r i	11 Jan 2019	7.40 am	<b>NUH Grand Round Lecture Research Funding. Inter-relationships of Orthopaedic Industry and Physicians. Is It “Tainted”? (45 min) by Prof Steven Garfin</b>  Chairman: Prof Wong Hee Kit  Breakfast at 7.10 am	Auditorium, L1, NUHS Tower Blk
		8.45 am	Signing of guest book	Meeting Room T11-12
		9.15 – 11.45 am	Clinical Case Slide Presentation on Spine Conditions by Prof Steven Garfin Chairmen: Asst Prof Lau Leok Lim/ Dr Dennis Hey	Seminar Room T11-02/03 L11, NUHS Tower Blk
		12.00 pm	Lunch	
		2.00 – 3.30 pm	Presentation on Spine Division’s Direction : Past, Present and Future	
		3.30 pm	Return to hotel	
		7.00 pm	Lectureship Dinner	
Day 4				
S a t	12 Jan 2019	9.00 am	Invited Faculty to Singapore Spine Society 2 <sup>nd</sup> Annual Meeting (refer to separate program for full details)  Opening Lecture: <b>A New Technique to Treat LBP Directed at the Sinuvertebral Nerve (15 mins) by Prof Steven Garfin</b>  <u>10.30 – 12.00 pm</u> <u>Current Concepts Updates : Is New Innovations Always Good?</u>	Grand Copthorne Waterfront Hotel Waterfront Ballroom, L2
		10.30 – 10.45 am	<b>Now Does New Innovations or Techniques Influence My Practice? (15 min) by Prof Steven Garfin</b>	

		10.45 – 10.55 am	<b>Q &amp; A</b> Discussant for Case Discussions	
		7.00 pm	Singapore Spine Society Dinner	
<b>Day 5</b>				
S u n	13 Jan 2019		Singapore Spine Society 2 <sup>nd</sup> Annual Meeting (optional)	
M o n	14 Jan 2019		Departure	