

Department of Obstetrics and Gynaecology
National University Health System (NUHS)
Basic Obstetrics and Gynaecology Training Programme for Clinical Fellows

New Training Programme

Clinical Fellowship in Basic Obstetrics and Gynaecology

Programme Director

Dr Lim Tak Yein
Principal Resident Physician

Duration of Training Programme

Minimum of 1 year (12 months), subject to conditions set by the National University Hospital (NUH), Singapore Medical Council (SMC), and the Ministry of Manpower (MOM).

We strongly recommend a duration of 1-year (12-months) instead of 6 months, for a more complete and well-rounded training programme in this Clinical Fellowship.

Objectives of the Training Programme

- The Department offers a Clinical Fellowship in Basic Obstetrics and Gynaecology to local and overseas candidates to promote women's health in Asia.
- This international program will train Clinical Fellows in managing common obstetrical and gynaecological conditions.
- Clinical Fellows will:
 - Obtain clinical experience in one of the top academic hospitals in Asia.
 - Improve surgical skills in common obstetrical and benign gynaecological procedures.
 - Participate in meetings and conferences led by renowned local and international experts.

Training Goals and Requirements

- Attend and participate in all Departmental meetings and teaching rounds.
- At the end of the training period, the Clinical Fellow must show competency in:
 - Managing patients in the inpatient setting, outpatient low risk obstetric clinics, and labour ward with satisfactory clinical acumen.
 - Assisting and performing (under supervision) basic surgery in obstetrics and gynaecology, including caesarean section and open hysteroscopy.
 - Performing basic pelvic ultrasound confidently for common obstetric and gynaecological conditions.
 - Can participate in a research project during the training period and produce a publication upon completion of the Fellowship. This publication must be in an NUS Whitelisted journal with an Impact Factor >1.5.
 - Expected to present their research project to the Department.
- Clinical Fellows must never undertake any duties that are outside their area of skill or knowledge level.

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Entry Requirements

- Must have a recognised Medical Degree to be registered with the Singapore Medical Council (SMC).
- Completed postgraduate training with Specialist certification in Obstetrics and Gynaecology in their home country, has at least one (1) year Housemanship experience, and 3 years of Medical Officer postings in the Obstetrics and Gynaecology (or equivalent).
- Able to deal with common emergencies in general gynaecology and obstetrics.
- Good academic record with at least 3 referee reports.
- Evidence of English Proficiency, as per SMC requirements.
- Attained MRCOG or equivalent
- Demonstrates personal and educational reasons for applying for this Fellowship.
- Has valid training pass issued by the Ministry of Manpower (MOM) Singapore.
- Has Health Insurance cover and Medical Malpractice Insurance cover.
- Has valid BCLS Certification.

Selection Process

- Shortlisted candidates will be called for an interview with a Panel, chaired by the Head of Department.
- Final selection will be decided by the Selection Committee, led by the Head of Department.
- Final confirmation of position will be subjected to NUH Human Resources / Medical Affairs, SMC Registration, and NUH Department of O&G.

Maximum Intake for this Training Programme

There shall be a maximum of two (2) Clinical Fellows under this Training Programme at any one time. They will closely follow the MFM Consultant / Registrar during their posting.

Components of Training

Type of Training

Clinical Training

Method of Training

- All Clinical Fellows will be assigned to a Supervisor.
- There will be regular reviews and assessments by the Supervisor at specific intervals throughout the training.
- Clinical Fellows will spend 6 months each in Obstetrics and Benign Gynaecology respectively.
- The Obstetrics rotation will consist of managing patients in the obstetrics ward, low-risk outpatient obstetrics clinic, and labour ward.

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- The Benign Gynaecology rotation will consist of managing patients in the gynaecology ward, outpatient gynaecology clinic, outpatient hysteroscopy clinic, and operating on common gynaecological problems.

Frequency / Weekly Schedule Overview

- Attend daily Departmental Morning Meetings held from Mondays to Thursdays, from 7:30 AM to 8:30 AM.
- Attend NUH Hospital Grand Rounds held on Fridays, from 7:30 AM to 8:30 AM. This is a combined meeting of all the disciplines in NUH.
- Involved in teaching undergraduate and postgraduate medical students.

The weekly Obstetrics schedule is shown as follows (subject to change):

Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:30 AM to 8:30 AM	Departmental Daily Morning Teaching				NUH Grand Round
8:30 AM – 12:30 PM	Obstetrics ward	Obstetrics Clinic	Obstetrics OT	Obstetrics ward	Obstetrics Clinic
12:30 PM to 2:00 PM				MFM meeting	
2:00 PM to 5:00 PM	Research	Labour ward	Labour ward	Labour ward	Labour ward

The weekly Gynecology schedule is shown as follows (subject to change):

Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:30 AM to 8:30 AM	Departmental Daily Morning Teaching				NUH Grand Round
8:30 AM – 12:30 PM	Gynaecology ward / Medical Centre OT	Gynecology Ward / Gynecology EMD cover	Gynecology Ward / Gynecology EMD cover	Gynaecology ward / Medical Centre OT	Gynecology Ward / Gynecology EMD cover

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12:30 PM to 2:00 PM			Gynecology meeting		
2:00 PM to 5:00 PM	Gynecology Ward / Gynecology EMD cover	Gynaecology ward	Gynaecology Clinic	Gynaecology Clinic	Research

- Attendance of >90% is required for Departmental Morning Meetings.
- Attendance of >80% is required for Hospital Grand Rounds.
- Participate in a research project during the training period and produce ONE publication upon completion of the Fellowship.
- Publication must be in a whitelisted journal with an Impact Factor > 1.5.

Night and/or On-Call Duty

2 to 4 night duties per month.

Rotation(s) to other Institution(s) / Department(s)

Clinical Fellows will practice 100% only in the Department of Obstetrics and Gynaecology, National University Hospital.

Supervision Method

An overall supervisor (a Registrar or Consultant) will be primarily assigned to the Clinical Fellow for the duration of the training. The supervisee would always be supervised by an SMC-approved supervisor from the Department of Obstetrics and Gynaecology, National University Hospital.

Assessment Method

- There will be a periodic review with Supervisors on whether training objectives have been met.
- There will be clinical interaction with Peers, Registrars, and Consultants.
- The Clinical Fellow must maintain a training log.
- All teaching sessions attended, cases seen, procedures performed, and research activities conducted during the training period must be documented in the training log.
- Clinical Fellows will be assessed on six (6) core competencies:
 - Patient Care
 - Medical Knowledge
 - Practice based learning and improvement
 - Interpersonal and communication skills
 - Professionalism

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- System based practice
- Documentation
- Supervisors will be responsible for completing assessment forms every month for the first two (2) months, and every three (3) months thereafter.
- Feedback will be provided during reviews with the assigned Supervisor.
- The Fellowship assessment will be portfolio based and will include at least two (2) long case discussions, Mini-CEX, and Case Based discussions during the middle and end of the postings.

Criteria for Early Termination

- Termination will be upon completion of the 12 months training duration, or earlier if there is any misconduct or professional delinquency during this period; or unsatisfactory reports.
- Termination of the training is at the absolute discretion of the Head of Department and will abide by the guidelines set by NUH Human Resources and/or Medical Affairs.

Feedback Mechanism for Trainees

All candidates and their Supervisors are required to complete SMC's Assessment Reports and return them to Medical Affairs (Education Office), before the end of the training.