

Name: Laura Tham SCHMIDT

Appointment: Senior Lecturer

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Laura Tham SCHMIDT

MGeron, BHSN, Adv Dip (Emergency Nursing), RN

Laura is a Senior Lecturer at Alice Lee Centre for Nursing Studies (ALCNS), Yong Loo Lin School of Medicine, National University of Singapore. She completed her master's degree in Gerontology from the Singapore University of Social Sciences (SUSS) in 2018 where she received Henry Lim Best Dissertation Award; a study on relationship experience and healthcare utilization by seniors receiving care from Foreign Domestic Workers (FDWs).

Laura's professional experiences encompassed community nursing, gerontology, emergency, prehospital management and education. Prior to her current position, Laura worked as a Nurse Clinician in Ageing-In-Place Community Care Team (AIP-CCT) and Emergency Department in Khoo Teck Puat Hospital, National Health Group (NHG) from 2012 to 2019. She was awarded the Health Manpower Development Plan (HMDP) scholarship to Hong Kong in 2016 to study best practices in community nursing and palliative care in home settings. Since then she has been actively involved in community nursing education development and became a committee member tasked with developing the National Community Nursing Competency Framework (CNCF) at Ministry of Health (MOH).

Laura was a lecturer in the Institute of Technical Education (ITE) from 2007 to 2012. She was involved in lecturing and conducting simulation training for the paramedic and enrolled nursing program. She completed her Level IV Paramedic training in Justice Institute of British Columbia (JIBC), Canada in 2009. She contributed in pioneering the Higher NITEC in Paramedic course in ITE.

Prior to ITE, Laura was a full time Singapore Armed Forces (SAF) Nursing Officer from 2003 to 2006, where she was involved in the Combat Medic Training in the SAF Military Training Institute (SMTI) and overseas' medical relief missions. She was awarded a medal for her participation in the Singapore Armed Forces Tsunami Relief Operation, Ops Flying Eagle in 2004.

Academic/Professional Qualifications & Registration

- Master of Gerontology, Singapore University of Social Sciences (SUSS), Singapore
- Bachelor of Health Science (Nursing), University of Sydney, Australia
- Advanced Diploma in Emergency Nursing, Nanyang Polytechnic, Singapore
- Paramedic Level IV, Justice Institute of British Columbia, Canada
- State Registered Nurse, School of Nursing, Singapore
- Certificate in Technical Education, Institute of Technical Education, Singapore
- Certificate in Advance Care Planning Facilitator, Singapore

Teaching Areas

- Medical Surgical
- Emergency
- Community
- Gerontology
- Simulation

Research Interests

- Community Nursing
- Gerontology
- Palliative Care
- Emergency Nursing
- Education

Research Projects (last five years)

August 2017- April 2018	Singapore University of Social Sciences (SUSS), Singapore (Principal Investigator)	Relationship Between the Elderly Care Recipients and Their Foreign Domestic Workers (FDW): Impact on Health Outcomes and Health Related Quality of Life (HRQOL).	-
Mar 2017- May 2017	Singapore University of Social Sciences (SUSS), Singapore (Co-Investigator)	Loneliness and Depressive Symptoms Among Older Adults Living in the Multigenerational and Non-multigenerational Households.	-

Awards/Honours

- 2018 Henry Lim Best Dissertation Award
Singapore University of Social Sciences (SUSS), Singapore
- 2016 Health Manpower Development Plan (HMDP) Awards for Clinical Attachment in
Community Care, Prince of Wales Hospital, Hong Kong
- 2005 Ops Flying Eagle in Singapore Armed Forces Tsunami Relief Operation 2004

Preceding Conferences/ Seminar

Schmidt, L. T. "Seniors Cared by Foreign Domestic Workers (FDWs): Study of Healthcare Utilizations, Socio-Demographic and Functional Profiles", Poster presentation in *the Singapore Health & Biomedical Congress (SHBC) 2018*, Singapore, October 25-26, 2018.

Schmidt, L. T. "Relationship Experience Between Seniors and Their Foreign Domestic Workers (FDWs)", Poster presentation in *the Singapore Health & Biomedical Congress (SHBC) 2018*, Singapore, October 25-26, 2018.

Schmidt, L. T. "Loneliness and Depressive Symptoms Among Older Adults Living in the Multigenerational and Non-Multigenerational Households", Oral presentation in *the Singapore Health & Biomedical Congress (SHBC) 2017*, Singapore, October 12-13, 2017.

Schmidt, L. T. "Palliative and End of Life Care in the Community", Invited speaker in *the Fostering Good Practice Through Continued Nursing Education Seminar*. PRIME & Society for Incontinence, Singapore, August 19 2017.