

Master of Clinical Mental Health & Psychotherapy

PROPOSED STUDY PLAN

For August 2026 intake

Students can refer to the following tentative proposed study plan (**subject to minor revisions*):

Course Code	Course Title
Sem 1 (Aug 2026 - Dec 2026)	
CMH5101	Fundamentals in Clinical Mental Health
CMH5301	Psychotherapy & Clinical Skills I
CMH5304	Counselling I: CBT and General Counselling
CMH5102	Mental Health Conditions I
CMH5305	Counselling II: Systemic & Family Therapy
CMH5302	Psychotherapy & Clinical Skills II
CMH5303	Psychotherapy & Clinical Skills III
CMH5204	Applied Research Methods in Mental Health and Psychotherapy
Sem 2 (Jan 2027- May 2027)	
CMH5103	Mental Health Conditions II
CMH5401	Clinical Placement I
CMH5105	Management of Mental Health Conditions II
CMH5203 OR CMH5205	Capstone Project OR Clinical Practice Seminar in Psychotherapy
Special Term Part 1 (May 2027 – June 2027)	
CMH5104	Management of Mental Health Conditions I
CMH5306	Clinical Skills Workshops
Special Term Part 2 (June 2027 – July 2027)	
CMH5306	Clinical Skills Workshops
Sem 3 (Aug 2027 – Dec 2027)	
CMH5203 OR CMH5205	Capstone Project OR Clinical Practice Seminar in Psychotherapy
CMH5202	Service Planning & Programme Development
CMH5402	Clinical Placement II