

# PROGRAMME CURRICULUM

## MASTER OF CLINICAL MENTAL HEALTH AND PSYCHOTHERAPY

### Core Courses

S/N	COURSE TITLE	COURSE CODE	UNITS
1	Fundamentals in Clinical Mental Health	CMH5101	2
2	Mental Health Conditions I	CMH5102	4
3	Mental Health Conditions II	CMH5103	4
4	Management of Mental Health Conditions I	CMH5104	2
5	Management of Mental Health Conditions II	CMH5105	2
6	Service Planning & Programme Development	CMH5202	2
7	Applied Research Methods in Mental Health and Psychotherapy	CMH5204	2
8	Psychotherapy & Clinical Skills I	CMH5301	2
9	Psychotherapy & Clinical Skills II	CMH5302	2
10	Psychotherapy & Clinical Skills III	CMH5303	2
11	Counselling I: CBT and General Counselling	CMH5304	2
12	Counselling II: Systemic & Family Therapy	CMH5305	2
13	Clinical Skills Workshops	CMH5306	4
14	Clinical Placement I	CMH5401	5
15	Clinical Placement II	CMH5402	5

### Elective Courses

S/N	COURSE TITLE	COURSE CODE	UNITS
1	Capstone Project	CMH5203	8
2	Clinical Practice Seminar in Psychotherapy	CMH5205	8

\*Subject to minor revisions