



NUS
National University
of Singapore

Yong Loo Lin
School of Medicine

STUDY PLAN

MASTER OF CLINICAL MENTAL
HEALTH AND PSYCHOTHERAPY



PROPOSED STUDY PLAN

For August 2026 intake

Students can refer to the following proposed study plan (**subject to minor revisions*):

Course Code	Course Title
Semester 1 (Aug 2026 — Dec 2026)	
CMH5101	Fundamentals in Clinical Mental Health
CMH5301	Psychotherapy & Clinical Skills I
CMH5304	Counselling I: CBT and General Counselling
CMH5102	Mental Health Conditions I
CMH5305	Counselling II: Systemic & Family Therapy
CMH5302	Psychotherapy & Clinical Skills II
CMH5303	Psychotherapy & Clinical Skills III
CMH5204	Applied Research Methods in Mental Health and Psychotherapy
Semester 2 (Jan 2027 — May 2027)	
CMH5103	Mental Health Conditions II
CMH5401	Clinical Placement I
CMH5105	Management of Mental Health Conditions II
CMH5203	Capstone Project
OR	OR
CMH5205	Clinical Practice Seminar in Psychotherapy

Course Code	Course Title
Special Term Part 1 (May 2027 — Jun 2027)	
CMH5104	Management of Mental Health Conditions I
CMH5306	Clinical Skills Workshops
Special Term Part 2 (Jun 2027 — Jul 2027)	
CMH5306	Clinical Skills Workshops
Semester 3 (Aug 2027 — Dec 2027)	
CMH5203	Capstone Project
<i>OR</i>	<i>OR</i>
CMH5205	Clinical Practice Seminar in Psychotherapy
CMH5202	Service Planning & Programme Development
CMH5402	Clinical Placement II

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