



**Yong Loo Lin
School of Medicine**

STUDY PLAN

**MASTER OF CLINICAL MENTAL
HEALTH AND PSYCHOTHERAPY**



PROPOSED STUDY PLAN

For August 2026 intake

Students can refer to the following proposed study plan (**subject to minor revisions*):

Course Code	Course Title
Semester 1 (Aug 2026 — Dec 2026)	
CMH5101	Fundamentals in Clinical Mental Health
CMH5301	Psychotherapy & Clinical Skills I
CMH5304	Counselling I: CBT and General Counselling
CMH5102	Mental Health Conditions I
CMH5305	Counselling II: Systemic & Family Therapy
CMH5302	Psychotherapy & Clinical Skills II
CMH5303	Psychotherapy & Clinical Skills III
CMH5204	Applied Research Methods in Mental Health and Psychotherapy
Semester 2 (Jan 2027 — May 2027)	
CMH5103	Mental Health Conditions II
CMH5401	Clinical Placement I
CMH5105	Management of Mental Health Conditions II
CMH5203	Capstone Project
<i>OR</i>	
CMH5205	Clinical Practice Seminar in Psychotherapy

Course Code	Course Title
Special Term Part 1 (May 2027 — Jun 2027)	
CMH5104	Management of Mental Health Conditions I
CMH5306	Clinical Skills Workshops
Special Term Part 2 (Jun 2027 — Jul 2027)	
CMH5306	Clinical Skills Workshops
Semester 3 (Aug 2027 — Dec 2027)	
CMH5203	Capstone Project
<i>OR</i>	<i>OR</i>
CMH5205	Clinical Practice Seminar in Psychotherapy
CMH5202	Service Planning & Programme Development
CMH5402	Clinical Placement II

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