

**GRADUATE DIPLOMA IN MENTAL HEALTH (GDMH) - COHORT 14  
PROGRAMME SCHEDULE 2024-2025**

COURSE	PERIOD	CONTENT	DATE	TIME	VENUE
<b>Orientation</b>			<b>14/09/23</b>	<b>1.45pm - 2.30pm</b>	<b>IMH Education Hub</b>
<b>COURSE 1: PSYCHOSIS</b>	<b>14/09/24 TO 31/10/24</b>	<b>Lecture 1.</b> * Psychopathology & Interviewing a patient with Psychosis	14/09/24	2.30pm - 5.30pm	IMH Education Hub
		<b>Lecture 2.</b> Schizophrenia	21/09/24	2.00pm - 5.00pm	IMH Education Hub
		<b>Lecture 3.</b> * Other Psychotic disorders	28/09/24	2.00pm - 5.00pm	IMH Education Hub
		<b>Lecture 4.</b> * Treatment & Management of Psychotic Disorder in Primary Care	05/10/24	2.00pm - 5.00pm	IMH Education Hub
		<b>Lecture 5.</b> * Concept of Early Intervention	12/10/24	2.00pm - 5.00pm	IMH Education Hub
		<b>Course Examination</b>	02/11/24	2.00pm - 2.30pm	IMH Education Hub
<b>COURSE 2: MOOD, ANXIETY &amp; GRIEF</b>	<b>02/11/24 TO 31/12/24</b>	<b>Lecture 1.</b> Approach to Depression	02/11/24	2.30pm - 4.00pm	IMH Education Hub
		<b>Lecture 2.</b> * Living and Being Well		4.30pm - 6.30pm	
		<b>Lecture 3.</b> * Approach to Anxiety	09/11/24	2.00pm - 4.30pm	IMH Education Hub
		<b>Lecture 4.</b> * Grief and Bereavement	16/11/24	2.00pm - 4.00pm	IMH Education Hub
		<b>Lecture 5.</b> Bipolar Disorder		4.30pm - 6.00pm	
		<b>Course Examination</b>	04/01/25	2.00pm - 2.30pm	IMH Education Hub
<b>COURSE 3: ADDICTION</b>	<b>04/01/25 TO 28/02/25</b>	<b>Lecture 1.</b> * I. Benzodiazepine abuse & dependence II. Medical Complications & Psychiatric Co-morbidity	04/01/25	2.30pm - 5.30pm	IMH Education Hub
		<b>Lecture 2.</b> * Substance abuse & dependence	11/01/25	2.00pm - 4.30pm	IMH Education Hub
		<b>Lecture 3.</b> * Alcohol abuse & dependence	18/01/25	2.00pm - 5.00pm	IMH Education Hub
		<b>Lecture 4.</b> * I. Pathological Gambling & Behavior Addictions II. 12 Step Groups & Other Therapeutic Strategies	25/01/25	2.00pm - 4.00pm 4.30pm - 5.30pm	IMH Education Hub
		<b>Course Examination</b>	01/03/25	2.00pm - 2.30pm	IMH Education Hub
<b>COURSE 4: CHILD &amp; ADOLESCENT MENTAL HEALTH INCLUDING LEARNING DISABILITIES</b>	<b>01/03/25 TO 30/04/25</b>	<b>Lecture 1.</b> Introduction and behaviour problems in children	01/03/25	2.30pm - 4.00pm	IMH Education Hub
		<b>Lecture 2.</b> Neurodevelopmental disorders		4.30pm - 5.30pm	
		<b>Lecture 3.</b> Attention Deficit Hyperactive Disorder		5.30pm - 6.30pm	
		<b>Lecture 4.</b> Emotional disorders	08/03/25	2.00pm - 4.00pm	IMH Education Hub
		<b>Lecture 5.</b> * Psychosocial Interventions in children and adolescents		4.30pm - 6.30pm	
		<b>* Clinical Interviewing Workshops</b>	15/03/25	2.00pm - 6.00pm	IMH Education Hub
		<b>Course Examination</b>	03/05/25	2.00pm - 2.30pm	IMH Education Hub
<b>COURSE 5: PSYCHOGERIATRIC</b>	<b>03/05/25 TO 30/06/25</b>	<b>Lecture 1.</b> * Anxiety Disorders, Sleep Disorders and Somatization in the Elderly	03/05/25	2.30pm - 5.30pm	IMH Education Hub
		<b>Lecture 2.</b> * Depression, Suicide and Risk Assessment	10/05/25	2.00pm - 4.00pm	IMH Education Hub
		<b>Lecture 3.</b> * Psychotic Disorders in the Elderly		4.30pm - 6.30pm	
		<b>Lecture 4.</b> * Mental Capacity Assessment	17/05/25	2.00pm - 4.00pm	IMH Education Hub
		<b>Lecture 5.</b> Mild Cognitive Impairment & Dementia		4.30pm - 6.30pm	IMH Education Hub
		<b>Course Examination</b>	05/07/25	2.00pm - 2.30pm	IMH Education Hub
<b>COURSE 6: PERSONALITY DISORDERS &amp; PSYCHOLOGICAL THERAPIES</b>	<b>05/07/25 TO 29/08/25</b>	<b>Lecture 1.</b> * Managing Borderline and Antisocial Personality Disorders in General Practice	05/07/25	2.30pm - 5.30pm	IMH Education Hub
		<b>Lecture 2.</b> * Psychological Treatment for Addictive Disorders	12/07/25	2.00pm - 5.00pm	IMH Education Hub
		<b>Lecture 3.</b> * Cognitive Behavioral Therapy	19/07/25	2.00pm - 4.00pm	IMH Education Hub
		<b>Course Examination</b>	06/09/25	2.00pm - 2.30pm	IMH Education Hub
<b>Final Examination</b>			<b>25/10/25</b>	<b>2.00pm - 4.00pm</b>	<b>NUS</b>

\* There will case discussion assessment incorporated in the lecture. Case discussion assessment is a requisite to the course examination.

Note: Students have to achieve 75% lecture attendance for all courses to be eligible for the course examinations.