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## Exploring the success of co-produced activities in primary health care: An analysis of three different approaches in NSW Australia

Cate Dingelstad, Associate Professor Nicolette Hodyl, Associate Professor Rebecca Wyse, Professor Nicholas Goodwin.

### BACKGROUND

Collaboratively designing and delivering integrated primary health care that consistently achieves gold-standard outcomes and lasting impact remains a global challenge. To better understand the effectiveness of co-produced approaches, three case studies have been reviewed to examine recurring pitfalls and key enablers in the design and implementation of co-produced activities.

### KEY QUESTION

Can use of co-production approaches improve health outcomes for individuals and populations, clinician retention, and value-based health care in primary health care settings?

### METHODS

A case study approach was taken to examine the design, implementation, impact and sustainability of three projects within primary health care settings. Data collection included documentary analysis, observation of meetings, face-to-face interviews, focus groups, and on-line surveys. Grounded theory was used to analyse and theme data from all three contexts. A modified logic model was created to understand how impact from the co-production process was achieved.

The three case studies are:

- ★ An early years education and social integration intervention in Newcastle NSW, Australia.
- ★ A neighborhood driven approach supporting older people on the Central Coast of NSW, Australia.
- ★ A model of care for chronic pain management for First Nations people in Armidale NSW, Australia.

### PRELIMINARY RESULTS

Preliminary analysis of the themes found in the case studies includes the following, noting that data analysis is ongoing.

#### Enablers:

Trust and rapport development, belief in the project's intent, equal power supported, appropriate and capable representation.

#### Barriers:

The time required, equal power not supported, trust and belief absent, inadequate communication, a lack of consistent participation over time, governance and resourcing challenges.

### CONCLUSIONS

Adequate time allocation and resourcing is key! Including people in the design and implementation of approaches to place-based care ensures integration of local services that meet people's needs.

### NEXT STEPS

This information will contribute to the development of a roadmap to inform the design and implementation of co-production activities in primary health care settings.



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