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Symposium 3: Ethical Care in the Home of the Convalescent Graduate of Neonatal Intensive Care

Abstract

The transition from neonatal intensive care to home is a critical period for convalescent graduates and their families. This presentation explores the ethical dimensions of providing care in the home environment for these vulnerable infants. It addresses the unique challenges faced by caregivers, including the need for specialized medical knowledge, emotional resilience, and the ability to navigate complex healthcare systems.

Key ethical considerations include ensuring equitable access to resources, respecting family autonomy while providing necessary guidance, and maintaining the infant's best interests as the primary focus. The presentation will also discuss the importance of culturally sensitive care and the ethical implications of technological interventions in home care settings.

By examining case studies and current research, this talk aims to highlight best practices and ethical frameworks that support both the infant's health and the family's well-being. Attendees will gain insights into the ethical responsibilities of healthcare providers and the critical role of interdisciplinary collaboration in achieving optimal outcomes for convalescent graduates of neonatal intensive care.

Biography

Dr. Zubair Amin is currently an Associate Professor in the Department of Pediatrics at the National University of Singapore, while also serving as a Senior Consultant in the Department of Neonatology at Khoo Teck Puat-National University Children's Medical Institute, National University Hospital.

Dr. Amin has dedicated his career to improving outcomes for vulnerable newborns and their families. His current research interests include the impact of chronic childhood illnesses on caregiver burden and the quality of life for family caregivers and their children. He is deeply involved in providing continuity of care from hospital to home for convalescent graduates of neonatal intensive care unit.

Dr. Amin, along with a team of dedicated health professionals from National University Hospital, runs a unique Home Equipment Loan Programme (HELP) that provides high-cost medical equipment to high-care-need NICU graduates free of charge. He is also a co-developer of PRECIOUS, a quality of care measure for seriously ill children [<https://www.duke-nus.edu.sg/lcpc/resources/precious>].