



Dr Nicholas Ng
Consultant, National University
Hospital, Singapore

Biography

Dr Nicholas Ng is a consultant in the Division of Paediatric Endocrinology at the National University Hospital (NUH) of Singapore. He graduated from Imperial College London with honours and completed paediatric residency training at NUH. His clinical and research interests are in diabetes, obesity, and the role of family and caregivers in supporting children and adolescents with these conditions. Dr Ng is involved in the development of international and national clinical practice guidelines for paediatric and adolescent obesity. He is also heavily involved in medical education, particularly in the areas of learner wellbeing, cultivating professionalism and value-driven communications. A passionate educator, he has received multiple teaching awards and currently serves as the Associate Program Director of the NUHS Paediatric Residency Program.

Symposium 1: Ethical Dimensions in Adolescent Diabetes Management

Abstract

In this session, we will follow the clinical course of Candy, a 16-year-old girl diagnosed with type II diabetes mellitus since the age of 13. We will explore the various challenges involved in managing her diabetes, as well as the ethical considerations that arise in addressing these issues. The discussion will include:

- Navigating conflicts and differing opinions on disease management between parents and adolescents with diabetes
- Addressing the psychological aspects unique to adolescents living with chronic disease like diabetes
- Principles of effective communication with adolescents who have diabetes
- Financial and resource allocations for costly therapies and consumables for diabetes mellitus