

Panel



Ms Eden Zhu

PhD candidate,
Erasmus School of Health Policy
and Management, Erasmus
University Rotterdam

Eden is a PhD candidate at Erasmus University Rotterdam specializing in implementation science use in dementia care research. Before pursuing her PhD, she earned a BSc in Global Health and Social Medicine from King's College London and a Master of Public Administration from Tsinghua University. Her passion for both disciplines led her to work at the World Health Organization, where she gained a global perspective on healthcare challenges. She is driven to make a meaningful impact and contribute to the evolving landscape of dementia care by advancing the integration of knowledge from dementia and implementation research. She is eager to share research, ignite insightful discussions, and inspire valuable collaborations with fellow enthusiasts.

Panel



A/Prof Reshma Merchant

Associate Professor,
Yong Loo Lin School of Medicine,
National University of Singapore

Head of Division,
Geriatric Medicine,
National University Hospital

As the Head and Senior Consultant for the Division of Geriatric Medicine at the National University Hospital, Singapore, she is a strong advocate for ageing in place and age-friendly healthcare system. She has recently been awarded the NUHS-Mochtar Riady Master Clinician award, the first Geriatrician within NUHS. Prior to this, she was the head of division of Advanced Internal Medicine and under her leadership, the division made great progress in care integration, care coordination and new models of care including acute medical unit and Innovation-42. She graduated from the University of Edinburgh and obtained her postgraduate qualification from the Royal College of Physicians, London, in 1999, where she worked for several years before returning to Singapore in 2001.

She is a member of WHO Global Network on Long-term care (GNLTC), and well recognized as a thought leader and special expert in policy, research and practice globally. She also holds many leadership positions in national and professional organizations. She has won multiple teaching awards, and her main areas of research interests are in sarcopenia, frailty and healthy ageing in community dwelling older adults. She is well published, co-author on many international consensus papers on frailty and sarcopenia and involved in many ongoing programs on healthy ageing including Health District @ Queenstown. She is associate editor for many journals in the field of geriatrics and gerontology.

Host and Moderator



Prof Nick Sevdalis

Academic Director,
Centre for Behavioural and
Implementation Science
Interventions (BISI),
Yong Loo Lin School of Medicine,
National University of Singapore

Nick read psychology at the Panteion University of Athens (Greece), and obtained a MSc in Organisational & Economic Psychology from the same university, before completing a PhD in behavioural decision science in 2004 (UCL, UK). Nick has held academic appointments in the Department of Surgery and Cancer at Imperial College London, UK (2004 – 2015), before joining King's in 2015 to lead the Centre for Implementation Science there.

Nick's research is situated within the multidisciplinary space of implementation science, improvement science, and applied psychology, most recently focusing on hybrid effectiveness-implementation trials across a number of different conditions and methodology development for implementation research. Nick's research has been disseminated in over 400 papers and chapters and over 120 invited talks to-date.

Time (SGT)	Programme
12.00PM – 12.05PM	Introduction Host & Moderator: Prof Nick Sevdalis <i>Academic Director, Centre for Behavioural and Implementation Science Interventions (BISI), Yong Loo Lin School of Medicine, National University of Singapore</i>
12.05PM – 12.55PM	Panel Discussion Speakers: Ms Eden Zhu <i>PhD candidate, Erasmus School of Health Policy and Management, Erasmus University Rotterdam</i> A/Prof Reshma Merchant <i>Associate Professor, Yong Loo Lin School of Medicine, National University of Singapore</i> <i>Head of Division, Geriatric Medicine, National University Hospital</i>
12.55PM – 1.00PM	Closing Remarks
