

SILENT MENTOR BODY - DONATION

无语良师 大体捐献



INTRODUCTION

Anatomy is the study of the structural organization of the human body.

A good foundation in human anatomy is integral to the training of medical doctors, dental surgeons, nurses and other allied healthcare professionals. Furthermore, doctors in surgical residency training as well as qualified surgeons often pursue special courses in surgical anatomy to enhance their skills and learn new techniques. Body donation plays a critical role in helping medical and health-related science students to master the complex anatomy of the human body and provides researchers with an essential tool for discoveries to help patients.



1 Students paying respects to their silent mentors before the start of their first lesson.

Our staff value and honour all body donations to the Department of Anatomy, Yong Loo Lin School of Medicine, National University of Singapore. Students are also taught to treat these body donors, better known as 'silent mentors', with utmost respect and dignity. Every year, students organise an Appreciation Ceremony to show their respect and gratitude to their silent mentors (as the once living individuals) who have imparted to them invaluable anatomical knowledge.



2 An instructor briefing the students before dissection.

3 Students putting up performances to show their appreciation to their silent mentors during the Appreciation Ceremony.

MAKING A DONATION

We thank you for considering a bequest of your mortal remains to the School. It is truly a meaningful gift, as it will contribute immeasurably to the education and training of students involved in Medicine and Healthcare, ultimately benefitting thousands of patients

in Singapore.

Should you decide to bequest your remains to the Department of Anatomy, Yong Loo Lin School of Medicine, National University of Singapore, you may obtain the 'Organ Donation Pledge Form'



available on the website (https://www.liveon.gov.sg/docs/forms/organdonationforms/mtera_organ_donation_pledge_form_under_section_8_el.pdf).

Kindly fill in and submit digitally or send the completed form to :

NATIONAL ORGAN TRANSPLANT UNIT (NOTU)

c/o Singapore General Hospital
Singapore 169608

In the form, please fill in/check the box of the following:

I hereby donate the following upon my death (please tick '✓' one box):
 Whole body donation Any needed organs or parts Any organs or parts specified here:
My donation is for the purposes of (please tick '✓' all applicable boxes):
 Transplant and / or therapy Medical / dental education, research, and / or advancement of medical / dental science
[OPTIONAL SECTION] A gift of all or any part of the body of a deceased person may be made to a specified donee or without specifying a donee. This section may be left blank if you do not wish to specify a donee for the purpose(s) indicated above upon death (optional):
I wish to specify the following as donee(s), the purpose(s) indicated above upon death (optional):
Donation to specified individual for general or transplantation purposes (if applicable):
FULL NAME (as in ID)
ID NO.
Donation to specified approved hospital, or approved medical / dental school, college, or university (if applicable):
NAME OF HOSPITAL OR MEDICAL / DENTAL SCHOOL, COLLEGE OR UNIVERSITY DEPARTMENT OF ANATOMY, NUS
If the specified donee does not or is unable to accept, and / or does not need my body / organs upon my death (please tick '✓' one box):
 I agree to donate my body / organs to other donees for the purposes I have indicated above.

For further queries or if you would like to change your mind regarding the body donation, kindly contact NOTU at 6321 4390.

INSTRUCTIONS AND PROCEDURE



At the time of death, if death occurs:

- in a hospital: obtain a **Certificate of Cause of Death (CCOD)** from a doctor.
- at home: call the family doctor or a general practitioner (GP) who is willing to make a house call to certify death and issue a CCOD.

Upon obtaining CCOD and registering the death, the next-of-kin or hospital/institution should **notify the NOTU coordinator at 6222 3322.**



(Note: To obtain the Death Certificate, you need to register at a police station/post, or if in a hospital, the Medical Records Office. You will need the CCOD and **NRICs of the deceased and yourself/informant.**)

NOTU will then inform the Department of Anatomy and the department's donor program coordinator will assist in making the necessary transportation arrangements.



If funeral services with the body present are to be held prior to donation, the family or legal representative would need to make necessary arrangements with a funeral director. In addition, they will also assume all financial responsibilities for the funeral service. At the conclusion of the funeral service, transportation to the Department of Anatomy, will be arranged. **The body will not be available for viewing by family members after it has been delivered to the department.**

REASONS FOR DONATION REFUSAL



Under the terms of the **Medical (Therapy, Education and Research) Act (Chapter 175)**, Yong Loo Lin School of Medicine, National University of Singapore **may reject a body donation** even though a bequest has been executed prior to death. Reasons for refusal include communicable diseases that pose risk to students and staff, bodies that have been autopsied, mutilated, decomposed, or for some other reasons determined to be unacceptable for body donation.

FINAL DISPOSITION OF REMAINS



The Department of Anatomy typically utilizes each body donation between **18 to 36 months.**

Option 1

If no request is made to claim the remains, the Department of Anatomy shall assume responsibility for the final disposal of the remains under the infectious control and ethical policies. After completion of study, we will arrange and pay for the cost of **cremation of the remains and sea burial of the ashes.**

Option 2

If prior request has been made by the next-of-kin to claim the remains of the body following completion of the study, the Department of Anatomy will liaise directly with the family when the remains of the body are ready for collection. Alternately, at the donor's family request, ashes will be returned to the family after the cremation is completed.

FREQUENTLY ASKED QUESTIONS

FAQ



How old must I be to become a body donor?

Anyone who is **18 years old** and above can pledge to be a body donor (hereafter referred to as Silent Mentor).

Should I change my mind, am I able to revoke my pledge for donation?

Yes, registered body donors may change their mind at any time. However, **this decision can only be made by the donors themselves and family members may not object the decision upon the donor's passing.** As such, you are encouraged to discuss your decision with your family members so that they are aware of your wishes. For more information, you may also contact National Organ Transplant Unit (NOTU) at 6321 4390 or email organ.transplant@notu.com.sg.



I understand that we are not allowed to see the body of our loved one, but it is his/her death anniversary and I would like to pay my respects.

Family members of Silent Mentors may pay their respects on the occasion of commemorative anniversaries at the reception room located at MD10, Level 1. Please inform us of your intention to come over **at least one day in advance.**



May I place some belongings of my loved one with him/her before he/she is cremated?

Yes, you may. If you would like to include personal items to be placed in the coffin of Silent Mentors prior to their cremation, kindly inform our staff **at least 3 days in advance** such that necessary arrangements can be made.



Where will the cremation be held?

All Silent Mentors are cremated at:
Mandai Crematorium and Columbarium
300 Mandai Road, Singapore 779393*
*All cremations will be scheduled for weekdays only.



Can families conduct religious rituals/ ceremonies on the day of cremation?

Yes, family members of Silent Mentors are encouraged to conduct any religious rituals they desire on the day of cremation and/or sea burial. In such instances, family members of the Silent Mentor must arrange for and bear the cost of any ceremonies or rituals they may conduct.

Where will the sea burial be held?

Sea burials of Silent Mentors are conducted at:
Changi Point Ferry Terminal
51 Lorong Bekukong
Singapore 499172*

*All sea burials will be scheduled for Saturdays only.



1 & 2

Staff and students paying their last respects to their silent mentors in the school before going for cremation at Mandai Crematorium and Columbarium.

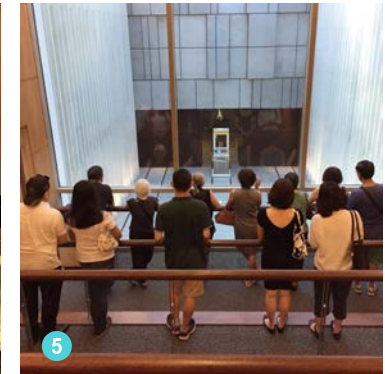
在送往万里火化场进行火化前，师生们向他们的无语良师给予最后的敬意。



5 & 6

Students, staff and family of silent mentors viewing the cremation process of the silent mentors.

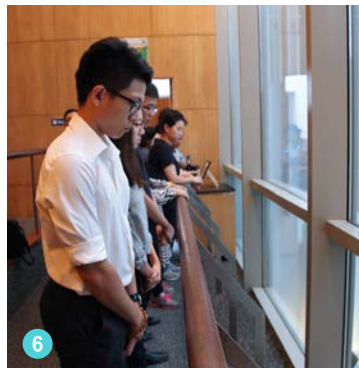
师生们与无语良师的亲属目送无语良师进行火化。



3 & 4

Students, staff and family of silent mentors observe a moment of silence in the Mandai Crematorium hall before the cremation of silent mentors.

师生们与无语良师的亲属在万里火化场为他们的无语良师默哀一分钟。



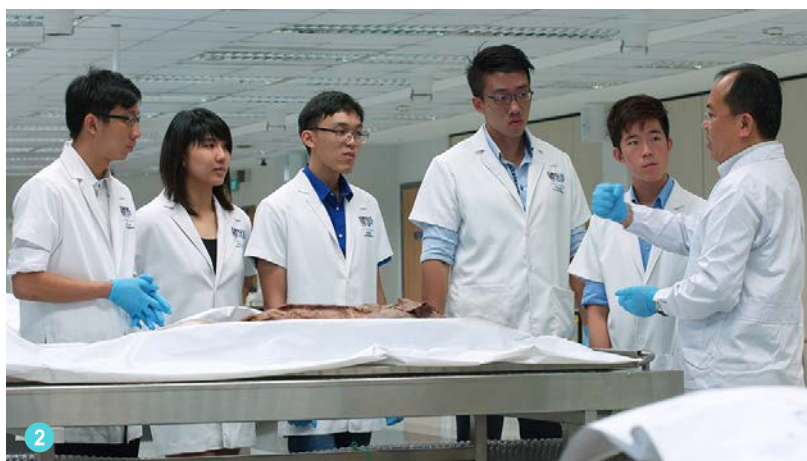
7 & 8

Students, staff and family of silent mentors take turns to scatter flowers and ashes at sea burials
师生们与无语良师的亲属在樟宜码头的外海，轮流洒下鲜花与骨灰。

简介

解剖学是研究人体组织结构的一门学科。

培训医生，口腔外科医生，护士和其他医疗保健等专业人士拥有良好的人体解剖学基础知识是非常重要的。此外，住院外科医生以及合格外科医生也经常参加一些特殊的外科解剖课程来提高他们的技能和学习新技术。因此，捐献大体起了一个非常关键的作用，他帮助了医学生和相关的科班生掌握复杂的人体解剖，也为研究生提供了一个必要的工具来研究救治病患的方法。



1 一年级学生宣誓以最大的尊重和敬意对待大体捐献者“无语良师”。

捐献给新加坡国立大学杨潞龄医学院解剖学系的大体捐献者深受师生们的感恩。学生们也被教导要以最大的尊重和敬意对待这些大体捐献者，这些捐献者被称为“无语良师”。每年师生们都会为“无语良师”举办感恩仪式，向这些曾经活着的人表示尊重和感激，感恩他们以大体来传授宝贵的解剖知识。

2 讲师在解剖前向学生介绍情况。

3 学生在感恩仪式中向“无语良师”表达深切的尊重和感激，感恩他们以大体来传授宝贵的解剖知识。

捐献

我们感谢您考虑将大体捐献给医院。这是一份真正有意义的礼物，因为它将为参与医学和保健的学生的教育和培训做出无可估量的贡献，最终使新加坡成千上万的患者受益。

如果您决定捐献大体给新加坡国立大

学杨潞龄医学院解剖学系，您可以到卫生部网站 (https://www.liveon.gov.sg/docs/forms/organdonationforms/mtera_organ_donation_pledge_form_under_section_8_cl.pdf) 索取‘器官捐献意愿表格’并把表格填妥然后以数字方式提交或邮寄至：

NATIONAL ORGAN TRANSPLANT UNIT (NOTU)

全国器官移植单位

c/o Singapore General Hospital

Singapore 169608

在表格里，请在以下列填上/打钩：

I hereby donate the following upon my death (please tick '✓' one box):
我在此认捐逝世时捐献下列项目 (请勾选 '✓' 一项)：

Whole body donation 大体捐献
 Any needed organs or parts 任何有需要的器官或部位
 Any organs or parts specified here: _____ 任何下列器官或部位：

My donation is for the purposes of (please tick '✓' all applicable boxes):
我的捐献为下列用途 (请勾选 '✓' 所有适用项目)：

Transplant and / or therapy 器官移植及/或治疗
 Medical / dental education, research, and / or advancement of medical / dental science 医药/牙科教育、研究以及/或医药/牙科科学发展

[OPTIONAL SECTION] A gift of all or any part of the body of a deceased person may be made to a specified donee* or without specifying a donee. This section may be left blank if you do not wish to specify a donee for the purpose(s) indicated above upon death.
[可选部分] 逝者可将大体或器官捐献于指定受益者*或您不指定受益者。为上述捐献用途指定受益者，可将此部分留白。

I wish to specify the following as donee (or the purpose(s) indicated above upon death (optional):
我希望将上述捐献于以下指定的受益者 (可选)：

Donation to specified individual for medical or dental therapy (if applicable): 捐献予需要治疗或器官移植的指定受益者 (若适用)：	needed by / for (if applicable):
FULL NAME (as in ID) 全名 (如身份证所示)	
ID NO. 身份证号码	
Donation to specified approved hospital, or approved medical / dental school, college, or university (if applicable): 捐献予指定认证医院、认证医科/牙科院校、学院或大学 (若适用)：	
NAME OF HOSPITAL OR MEDICAL / DENTAL SCHOOL, COLLEGE OR UNIVERSITY	新加坡国立大学解剖学系

If the specified donee does not or is unable to accept, and / or does not need my body / organs upon my death (please tick '✓' one box):
若受益者不愿意或无法接受，且/或不需要我的大体或器官捐献 (请勾选 '✓' 一项)：

I agree to donate my body / organs to other donees for the purposes I have indicated above.
我同意将我的大体或器官捐献于其他受益者，以供上述用途。

样本



如果你想要了解更多详情或是对捐献改变主意，请致电 6321 4390 到全国器官移植单位。

指示和程序



过世后的程序

过世后捐献事宜

- 在医院：从医生那里申请**死因证书 (CCOD)**
- 在家：致电家庭医生或任何全科医生 (GP)，要求他们来家里证明死亡并签发死因证书 (CCOD)。



在获得CCOD并登记死亡后，亲属 (NOK) 或医院/机构应通知国家器官移植单位 (NOTU) 的协调员，电话 **6222 3322**。

(注意：要获得死亡证明书，您需要在警察局登记，或如果是在医院过世，则在医院的医疗记录办公室登记。登记时，您必须出示CCOD和**死者以及您的身份证**。)



然后，NOTU将通知国大解剖学系，该部门的捐献计划协调员将协助进行必要的交通安排。

如果在捐献之前要进行殡仪服务，家属或法定代理人需要与经批准的葬礼机构进行必要的安排。并承担殡仪服务的所有财务责任。在殡仪服务结束时，将安排运输到国大解剖学系。大体交付于国大解剖学系后，家属将不能再瞻仰遗体。

拒绝捐献理由



根据“**医疗 (治疗, 教育和研究) 法**” (第175章) 的规定，新加坡国立大学杨潞龄医学院可以拒绝大体捐献，即使捐献意愿在死亡前已执行。拒绝的理由包括发现遗体有对学生和工作人员造成风险的传染病、遗体已被解剖、残缺、腐烂、或因其他一些原因被确认为不适合接受捐献。

大体的最终处理



国大解剖学系通常在**18至36个月**内使用捐献大体。大体于医学生和研究生课程中使用。

选择 1

如果没有接到使用后归还大体的要求时，国大解剖学系将负责根据传染病控制和道德政策最终处置大体。完成研究后，我们将安排并支付大体**火化和骨灰海葬**的费用。

选择 2

如果亲属事先要求在研究完成后认领大体，国大解剖学系将根据捐献者的家属要求，在大体可备认领时直接与家属联络，将骨灰归还给家属。

常见疑问



我必须多大才能成为大体捐献者？

凡是年龄满 **18 岁** 或以上的成年人，都可以宣誓为大体捐献者（下简称“无语良师”）。

如果我改变主意，我能否撤销我的捐献承诺？

是的，你可以随时撤销你的捐献承诺。然而**只有捐献者自己才能撤销承诺**。捐献者过世后，**亲属成员无权撤销其承诺**，大体捐献者的决定将得到尊重。因此，我们鼓励您与您的家人讨论您的决定，以便他们了解您的意愿。您可以拨打电话 **6321 4390** 或发送电子邮件至 organ.transplant@notu.com.sg 联系全国器官移植单位（NOTU）以获取更多信息。



我亲人的大体被运送到国大解剖学系后，我了解我们不被允许再瞻仰我亲人的遗体，但是，在他/她的死亡纪念日，我如何想表达我的敬意。

无语良师的亲属成员可以到位于 MD10 的国大解剖学系一楼的接待室作周年纪念日的致敬。请**至少提前一天通知**我们。



在他/她被火化之前，我可以把他/她的一些随身物品放在他/她身上吗？

可以的。如果您想在火化前将个人物品放入无语良师的灵柩中，请**至少提前三天通知**我们的工作人员，以便做出必要的安排。



火化将在哪里举行？

所有的无语良师都在以下地点火化：

万礼火化场及骨灰安置馆

300 Mandai Road, Singapore 779393*

* 所有火化仅限于周日进行。



家属可以在火葬当天举行宗教仪式吗？

是的，我们鼓励无语良师的家人在火葬和/或海葬当天进行他们想要的任何宗教仪式。在这种情况下，无语良师的家庭成员必须安排并承担他们可能进行的任何仪式或仪式的费用。

海葬将在哪里举行？

无语良师的海葬在以下地点进行：

樟宜角渡轮码头

51 Lorong Bekukong

Singapore 499172*

* 所有海葬仅限于周六，可能会有变化。



For more information, please contact us.
想了解更多详情，请随时联系我们。



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NUS 新加坡国立大学

<http://medicine.nus.edu.sg/ant/BodyDonation/>

NOTU 全国器官移植单位

<https://www.liveon.gov.sg>