You are invited!

TRENDS Seminar
(Topics in Research and Education for Nursing Development in Singapore)

Date:       Monday, 16th October 2017
Venue:     Level 2, Nursing Conference Room
           Block MD 11, Clinical Research Centre
           National University of Singapore
Time:       4.00pm to 5.00pm
Topic:     A Longitudinal Enquiry into the Relationship Between Emotional Intelligence, Previous Caring Experience and Mindfulness in Student Nurses and Midwives: A Cross Sectional Analysis

Abstract:

Background: Emotional Intelligence (EI), previous caring experience and mindfulness training may have a positive impact on nurse education.

Setting and participants: 938 year one nursing, midwifery and computing students at two Scottish Higher Education Institutions (HEIs) who entered the programme in September 2013.

Data: Participants completed a measure of 'trait' EI: Trait Emotional Intelligence Questionnaire Short Form (TEIQue-SF); and 'ability' EI: Schutte's et al (1998) Emotional Intelligence Scale (SEIS). Demographics, previous caring experience and previous training in mindfulness were recorded.

Methods: Relationships between variables were tested using non-parametric tests.

Results: Emotional Intelligence increased with age on both measures; Females scored higher than males on both measures; Nursing students scored higher than the computing students; there were no statistically significant differences between in TEIQue-SF scores between those who had previous mindfulness training and those who had not. However, median SEIS was statistically significantly different according to mindfulness training. Neither measure demonstrated statistically significant differences between those with and without previous caring experience.

Conclusions: Previous caring experience was not associated with higher emotional intelligence. Mindfulness training was associated with higher 'ability' emotional intelligence. Implications for recruitment, retention and further research will be discussed.

Speaker: Dr Norrie Brown is the School Director of Quality Enhancement in the School of Health & Social Care at Edinburgh Napier University. His research interests are related to educational and pedagogical research; user and care involvement in curriculum design and development; student assessment. Dr Brown is both a registered general nurse and registered mental health nurse and he teaches ethics, research methods, leadership and innovation and professional development.

His current research interests involve two main projects:
1. Longitudinal study focussing on Scottish Men's participation after Exercise Referral (SMARTER study): An examination of the reasons why men living with a least one long-term condition do not participation in an exercise referral scheme (Active Options 2) designed to support their physical recovery and psycho-social wellbeing.
2. Working on a cross-institutional research programme with UWS and University of Edinburgh on a variety of theme-related topics (one of which is their current 3-year longitudinal Emotional Intelligence study).