

Date	Day/Time	Topic	Format	Hours	Lecturer	Venue
11-Aug-2009	Tuesday					
	6.00 pm - 7.30 pm	Lifestyles and its impact on health	Lecture cum discussion	1.5	LG Goh	EPH #02-01; #02-09
	7.30 pm - 9.00 pm	Overview of Health promotion	Lecture cum discussion	1.5	NP Fong	EPH #02-01; #02-09
18-Aug-2009	Tuesday					
	6.00 pm - 9.00 pm	The psychological basis of health and health related behaviour	Lecture cum discussion	3	G Bishop	EPH #02-01
25-Aug-2009	Tuesday					
	6.00 pm - 9.00 pm	Models of individual health behavior	Lecture, group work and discussion	3	ML Wong	EPH #02-01; #02-07 PG lounge
1-Sep-2009	Tuesday					
	6.00 pm - 9.00 pm	Social behaviour and Health	Lecture, group work and discussion	3	P Straughan	EPH #02-01; #02-09
8-Sep-2009	Tuesday					
	6.00 pm - 9.00 pm	Social and cultural factors influencing health and illness	Lecture, group work and discussion	3	M Mathews	EPH #02-01; #02-09
15-Sep-2009	Tuesday					
	6.00 pm - 9.00 pm	Models of interpersonal health behaviour	Lecture, group work and discussion	3	ML Wong	EPH #02-01; #02-09
22-Sep-2009	Tuesday	<i>Recess Week</i>				
29-Sep-2009	Tuesday					
	6.00 pm - 9.00 pm	Community models of behaviour change	Lecture, group work and discussion	3	ML Wong	EPH #02-01; #02-09
6-Oct-2009	Tuesday					
	6.00 pm - 9.00 pm	Persuasion and communication for behaviour change	Lecture, group work	3	ML Wong	EPH #02-01; #02-09
13-Oct-2009	Tuesday					
	6.00 pm - 9.00 pm	Ethical Issues in Health Promotion	Lecture	3	LG Goh	EPH #02-01
20-Oct-2009	Tuesday					
	6.00 pm - 9.00 pm	Exercise and fitness in health promotion	Lecture and discussion	3	F Lim	EPH #02-01; #02-09
27-Oct-2009	Tuesday					
	6.00 pm - 9.00 pm	Challenges and problems in behaviour change	Seminar	3	ML Wong	EPH #02-01; #02-07 PG Lounge
3-Nov-2009	Tuesday					
	6.00 pm - 9.00 pm	Intervention strategies for behaviour change	Case studies	3	ML Wong	EPH #02-01; #02-09
10-Nov-2009	Tuesday					
	6.00 pm - 9.00 pm	Nutrition in health promotion	Lecture and discussion	3	YL Low	EPH #02-01
17-Nov-2009	Tuesday	<i>Reading Week</i>				
24-Nov-2009	Tuesday					
	6.00 pm - 7.30 pm	Module exam [CO5203 Lifestyle and Behaviour in Health and Disease]	Exam	1.5	ML Wong	EPH #02-12
				Total: 39 hours (Excluding exam)		