

Academic Medicine on Outram Campus Who, What, Why and How

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NUS May 2007

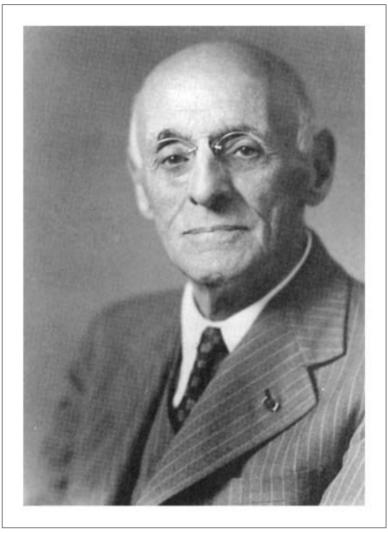
Academic Medicine as the defining model for SingHealth

- What is Academic Medicine?
- Why is SingHealth embracing academic medicine?
- Going beyond rhetoric- who and how
- Collaboration with other stakeholders
- Conclusion

What is Academic Medicine?



Abraham Flexner



"

...in addition to a scientific foundation for medical education,... thoughtful clinicians would pursue research stimulated by the questions that arose in the course of patient care and teach their students to do the same.

To Flexner, research was not an end in its own right; it was important because it led to better patient care and teaching.

Source: Molly Cooke, M.D., David M. Irby, Ph.D., William Sullivan, Ph.D., and Kenneth M. Ludmerer, M.D., "American Medical Education 100 Years after the Flexner Report", New England Journal of Medicine, Volume 355:1339-1344, Sep 28, 2006

The UK Best Research for Best Health strategy papers (2005-2006) defined 5 attributes of AMCs





Source: Dept of Health, UK, "Best Research for Best Health: A New National Health Research Strategy: The NHS Contribution to Health Research in England: A Consultation", pp 30-31, July 2005

Dept of Health, UK, "Best Research for Best Health: A New National Health Research Strategy: The NHS Contribution to Health Research in England: A Consultation", p 26, January 2006

Attributes of AMCs*

- World class strengths across a broad range of clinical specialties or specific clinical specialty
- Leaders of scientific translation
- Early adopters of new insights in technologies and techniques for improving health and social care
- Environments where scientific endeavour can thrive
- Talent magnets, producing world-class
 outputs

* Benchmark institutions cited in the consultation paper are: Mass-General Hospital, Dutch University Medical Centres and the Karolinkska Institute

SingHealth's Definition of AMC

"A vibrant Eco-System of excellent Healthcare Services, that keeps improving by reinventing itself with new knowledge generated by Research, led by succeeding generations of Healthcare Professionals who are committed to learning, innovating and pushing the frontiers of Medicine."



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The current emphasis is on developing 2 academic centres: Outram Campus and Kent Ridge Campus





MOH sees AMCs as receptacles to translate inventions from basic BMS research into clinical applications that advance care as well as a means to position and move up the value chain for SingMed

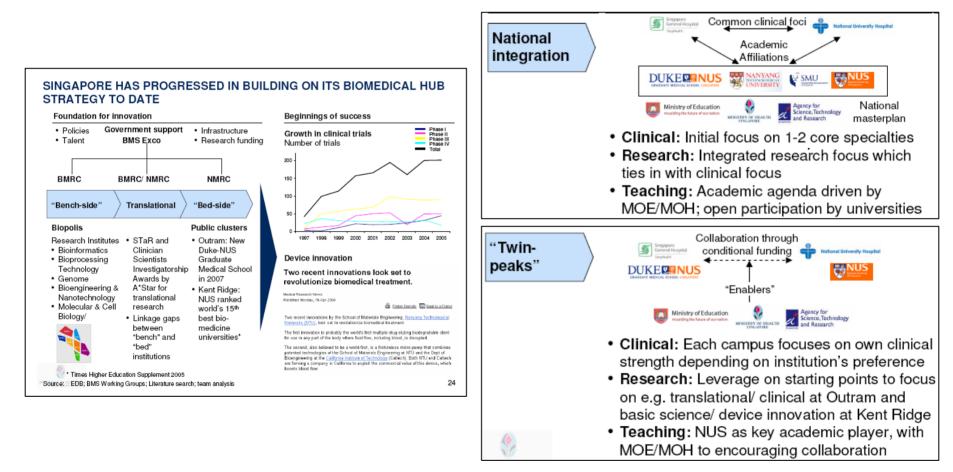
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Turbocharging Singapore Medicine: Building top-tier AMCs



5th December 2006

MOH commissioned McKinsey to carry out an analysis of Singapore's prospects for academic medicine and the way forward



ngHealth

Academic practice is SingHealth's value proposition to staff



- Public sector salaries do not, can not and should not match private sector salaries
- Value proposition to staff must instead focus on
 - Remuneration as a high hygiene factor
 - Opportunities to do world-class, cutting edge research
 - Ability to shape and influence practices and values of the next generation of healthcare professionals
 - Deep sense of mission and job satisfaction
 - Minimal push factors such as poor leadership, bureaucracy

What Managers are Looking For (McKinsey & Company War for Talent Survey 2000)		
Interesting, Challenging Work	59%	
Company is well- managed	48%	
Work I feel passionate about	45%	
Good relations with my boss	43%	
I like the culture and values	39%	
Recognised, rewarded for my individual contribution	39%	

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 - Prioritization
 - Road Map Moving Forward
- Collaboration with other stakeholders
- Conclusion

Small group discussions garnered much useful opinions and ideas



"Voices from the Trenches" SingHealth Centre for Health Services Research 6 April 2007

As part of the efforts towards developing a world-class academic modical cases on Outram Comput, the SingHashi Castre for Hashi Savtores Research and SingHashi Planning and Performance Office conducted a series of small group discussions to colicit feedback from classicas and administrators on the challenges we first in realizing the sepiration of an academic machine leastro of an

Participants were specifically asked to reflect and dialogue on 3 themes:

- a. The changes to the delivary of care model on Outram Campus that an academic madicine context would bring about and the inacci-on effects on other institutions within SingHoshi, a. KIK, CoH and SingHoshi Polyclinics
 b. The roles individuals can and should play in
- The focus individuals can also should play in developing academic practice
 What SingHealth leadership can do to
- facilitate efforts to realize the academic medical centre

MATERIALS AND METHODS

Institution Medical Board Chairs (Division Chairs in the case of Soft for larger representation from SGH) wave saide to bountants artift to straud the small group discussions. Those nominated waves in turn accountaged to invite their pears to straud the discussions sessions. SimpHasht Health Services Research and Quality Management dept unifwave also asked to nominate SimpHasht neff they had prior professional occurity with

Participants were provided with background materials comprising analysis by consulting groups McKinsey and $Sg2^1$ prior to the sessions

¹ Two documents were circulated to all participants prior to the small group discussion: McKinney and Company "Turbohruping Simgapore Medicine Building Tep-Ter AMC" and 3g2 "Planning Temersow'a Academic Medical Center-Hospital of the Fature" (Presentation by De Michael Sache dueel 15 feb 2007) and all sessions were conducted under Chatham House rules². Nominated participants who were unable to attend were invited to provide comments and

attend were invited to provide comments feedback via one-to-one interviews or email

RESULTS

The views of a total of 59 participants representing a wide spectrum of SingHealth employees including chinicians (doctors, nurses, allied health professionals) and administrators from all SingHealth institutions (except SNEC) were included in this report.

The full report is available elsewhere and this brief serves to distil the key take-home messages from the small group discussions.

General Comments

Clinical Ercelence-Many participants defined scademic medicines as first and foremost the pursuit of clinical excellence. Some feit that research mean education while important ware really means to achieve and perpentants clinical excellence. They spoke participants of the need to inculciest the mindset of improvement and putting the patient at the centre of research and inquiry.

Clarity of Vision-There was comes confinition as to whether accodumic modifies was focused mainly on basis science research and that staff had to choose between accidencia madician and 'regular' medicine. Some participants fift that the meanging was that accodumic medicines was for a solicit frow who had decided on cresserts as a crease rund the rest had no mbottenial role in the accidentic medical centre appiration. Cancern was also raised that the starting premise for accident medicine as an accommic divers rules that and accidentic medical centre appiration. Cancern was also raised that the starting premise for accident

² Chatharn House, The Chatharn House Rule "When a maching, or part thereof, in hald under the Chatharn House Unds, participants are fine to use the information motival, but as that the identity are the affiliation of the speaker(s), nor that of any other participant, may be revealed. <u>http://www.chatharnhouse.org.it/information.com/</u> 10 March 2007.

- Clinical Excellence- "academic medicine as first and foremost the pursuit of clinical excellence"
- **Prospective Data Collection** "every patient is a dot on someone's graph"
- Access to 'Standard' Treatments regardless of Ability to Pay
- Importance of Scientific Curiosity- "the best clinicians are also the best researchers"
- Manpower Shortage and Need for Freed Up Protected Time
- Emphasize academic practice at department and not individual level
- Incentivizing Research and Education

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Funding is limited and MOH has asked for prioritization of initial focus areas



RECOMMENDATIONS FROM...

BSRC

- Cardiology
- Oncology
- Ophthalmology
- Neurosciences
- Infectious diseases

SingMed

- Cardiology
- Oncology
- Ophthalmology
- Neurosciences
- Orthopaedics

FEW SPECIALTIES TO FOCUS FOR A START...

- Cardiology
- Oncology
- Ophthalmology
- Neurosciences
- **Musculo-skeletal** (Includes orthopaedics, plastics, rheumatology)

The intent is to build common core infrastructure that supports academic medicine for all specialties and grow the other specialties organically

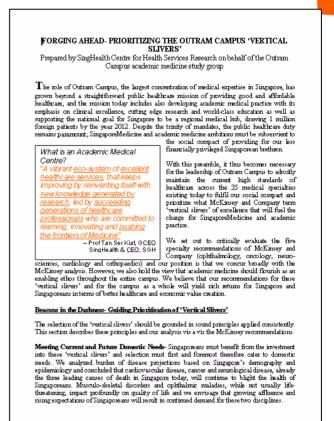
Sources: "Biomedical Sciences Initiative Phase 2 (Year 2006 - 2010) – Strengthening Translational and Clinical Research in Singapore", *NRF Board Paper*, Oct 2007

"Turbocharging SingaporeMedicine", McKinsey SingMed Strategy, Feb 2007

Medical Excellence, Genuine Care

Who should lead the charge?

- Prioritization necessary in view of limited resources (finances, space, management band width)
- Need for common metrics to objectively appraise each potential AMC focused specialty for further development



7 Based on the above considerations, we agree with McKinsey that oncology, cardiology, ophthalmology, neurology and orthopaedics could be our Tier 1 clinical areas of focus. In particular, oncology and cardiology align strongly with all the above criteria and could be two clinical areas that we can focus on initially.

Memo from Perm Sec MOH to SingHealth Board of Directors dated 13 Feb 2007



We critically appraised the McKinsey recommendations using the following dimensions for analysis



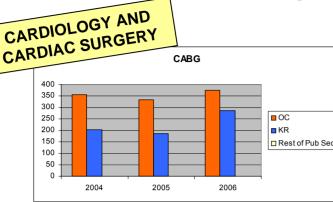
- 1. Clinical Volume
 - Market share analyzed by
 - a) Inpatient discharges/ Inpatient surgeries/ SOC attendances/ Day surgeries
 - b) Volume of procedures/ specific DRG
- 2. Research

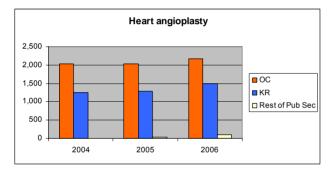
Analyzed by

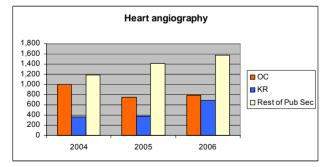
- a) Publications
- b) Journal Impact Factor
- c) Clinical Trials
- 3. Domestic and International Demand
- 4. Manpower
- 5. Education
- 6. Technology

CLINICAL VOLUME

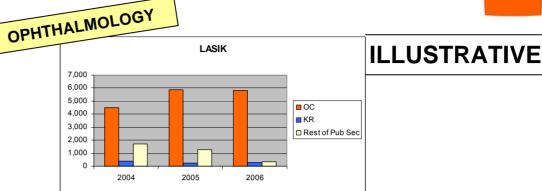


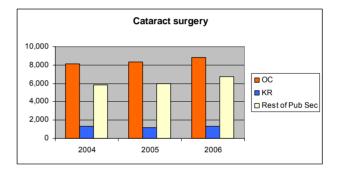


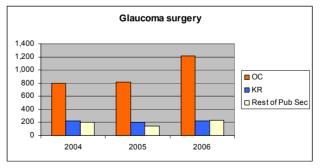




NHC sees 80,000 outpatients yearly, performs 2,000 angioplasties annually. It carried out it s15,000 cardiac surgery in 2002. – From NHC website*







"...annual workload of 14,000 major eye surgeries and 13,000 laser procedures" -SNEC website *CGH a

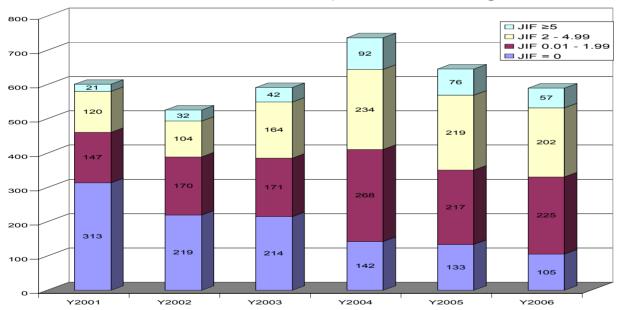
*CGH and TTSH carry out a substantial number of coronary angiographies also

Singhealth Research Output (2001-2006)



without SARs: 2.35

- Number of research publications rose from 2001 to 2004 and then fell
 - SARS-related publications hardly affected volume (17 out of 736 in 2004)
 - SARS-related publications slightly boosted JIF (average JIF of 5.07, cumulative JIF of 86.3 compared to average 2004 JIF of 2.41) Average JIF in 2004



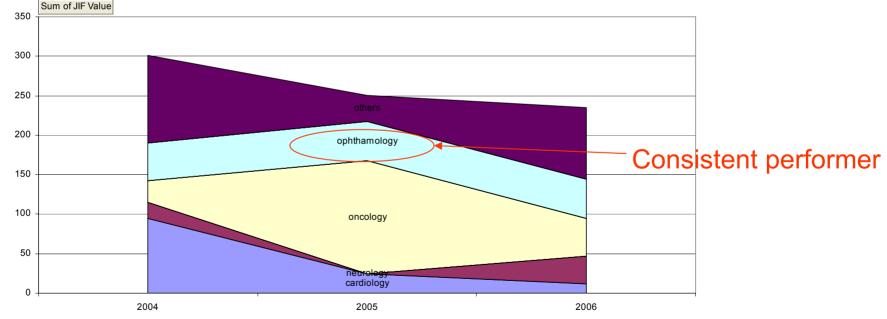
• Average JIF rose from 2001 to 2006 levelling off at ~2.4

	Y2001	Y2002	Y2003	Y2004	Y2005	Y2006
Grand total no. of publications	601	525	591	736	645	589
Cumulative JIF value	701	763	1053	1777	1591	1428
Average JIF value	1.17	1.45	1.78	2.41	2.47	2.42

Specialties contributing to high impact journals (JIF>10)



- Cumulative JIF in ophthalmology held steady from 2004 to 2006 ILLUSTRATIVE
- Cumulative JIF in cardiology dropped
- Cumulative JIF in oncology peaked in 2005 and then returned to 2004 levels in 2006
- Reverse seen for neurology: dip in 2005 and and then returned to 2004 levels
 in 2006



• Of the 50 Singapore-led clinical trials registered with www.clinicaltrials.gov, almost half were in ophthalmology, 1/3 in oncology

SingHealth Research Resources



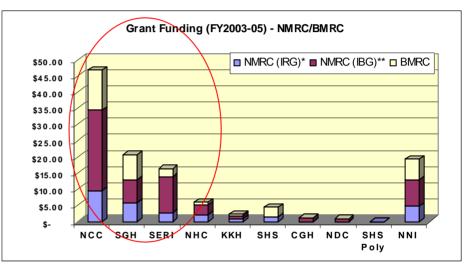
ingHealth

- Among SingHealth institutions, Outram campus (SGH, NCC, SERI, NHC) leads in lab floor area, research manpower and funding
 - Year by year data not available for analysis

II. Research Lab - Total Floor Area Sqm (2006)				
Instn	No. of Research Labs	Total Floor area sqm		
SGH	36	3,286.53		
NCC	19	1,476.16		
SERI	11	2,308.00		
NHC	5	280.00		
KKH	3	70.00		
CGH	2	219.85		
NDC	0	0.00		
SHS	4	605.01		
NNI	12	2,100.00		
SHPOLY	0	0.00		
TOTAL	92	10,345.55		

Research Headcounts by FTE (FY2004)

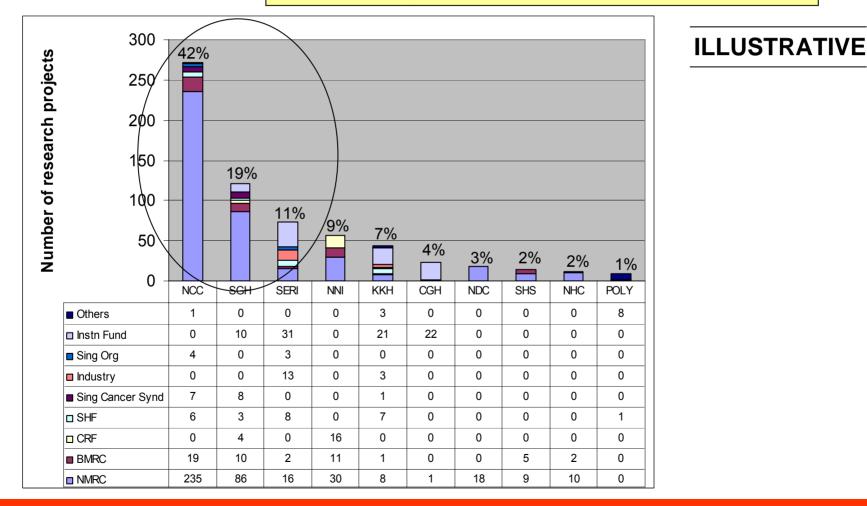
		Researchers			Technical Staff	
		Degree)	Non-Degree		
Institution	PhD	Master	Bachelor	Non-Degree	(+ Support Starr)	
NCC	29.5	20.9	57.9	6.3	31.5	146.1
SGH	10	11	8	0	93.5	122.5
SERI	9.25	8	5	1	30	53.25
NHC	8	6	11.3	9	2	36.3
KKH	1	0	4	4	4	13
SHS	3	7.4	2	0	16.8	29.2
CGH	1	0	1	0	8	10
NDC	0	2.46	0.81	0	3	6.27
SHS POLY	0	0	0	0	1	1
NNI	20	1	1.5	0	55	77.5
Sub-Total	81.75	56.76	91.51	20.3	244.8	495.12
TOTAL	81.75			413.37		495.12



Singhealth Research Output (as of March 2006)



72% of SingHealth research projects are also conducted on Outram campus (NCC, SGH, SERI)



"In affluent Singapore, cancer, heart disease and stroke remain the top killers."

CANCER OF THE

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AGUS



ILLUSTRATIVE

STROKE 1,617 1.457

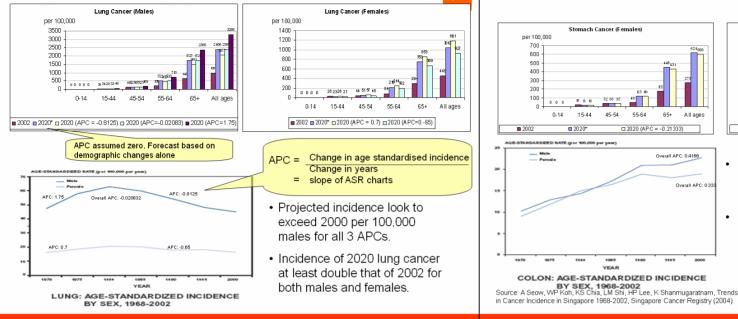
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n affluent Singapore, cancer, heart disease and stroke remain the top killers. Concer accounted for almost one in three of the 16,392 deaths here last	PNEUMONIA/ INFLUENZA/	LUNG/TRACHEA CANCER
year. Coming a close second was heart disease, which resulted in about 23 per cent of dnaths.	ASTHMA 2,488 2,294	HEART DISEASE 3,656 4 3,790
Lung cancer remained the deadliest of all cancers in men, and breast cancer was the No.1 killer for women. While the number of deaths caused by cancer and heart disease increased by 8.6 per cent and 3.7 per cent respectively from the year before, deaths caused by strake fell from 1,617 in 2005 to 1,457 last year. Indith Tan brings you the latest figures:		BREAST CANCER 321 375 LIVER CANCER 427 439 STOMACH
Male deaths in 2006 Cencer 2,584 Heart disease 2,254 Pneumonia 1,141 Stroke 640 Accidents 255	COLORECTAL CANCER 54D 581	CERVICAL CANCER 82 79
Female deaths		
Cancer 2,118 Heart disease 1,536 Pneumonia 1,087 Stroke 817 Diabetes 312	2005	BUTHE WID DESING

Lung cancers in Singapore in 2020



Incidence of breast

Positive APC

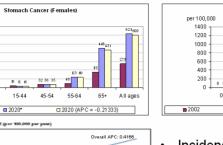
times that in 2002

cancer will accelerate

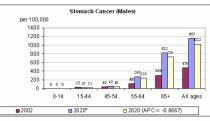
2020 incidence of breast

cancer may be 1.5 - 2

Colorectum cancer in Singapore, 2020



Overall APC: 0.33

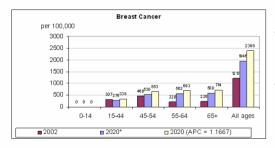


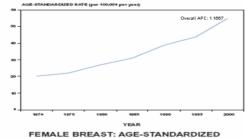
- Incidence of colorectum cancer will accelerate
 - Positive APCs
- 2020 incidence of colorectum cancer will double that in 2002

ILLUSTRATIVE

Medical Excellence, Genuine Care

Breast cancer in Singapore, 2020





INCIDENCE, 1968-2002 Source: A Seow, WP Koh, KS Chia, LM Shi, HP Lee, K Shanmugaratnam, Trends Medical Excellence, Genuine Care

Disease burden due to cancer is set to increase markedly in the next decade.

> SingHealth Centre for Health Services Research, Forecast for Cancer Burden in 2020 (Preliminary analysis)

Aedical Excellence, Genuine Care

Globally, cardiac, neurological disease and cancer will continue to be important healthcare challenges regardless of income



ILLUSTRATIVE WHAT WOULD BE THE TOP TEN CAUSES OF THEIR DEATHS? of 1000 stroka lower chronic colon dementia diabete coronary lung breast stomach High-income countries: heart disease cerebrovascular cancer respiratory obstructive cancer CADCAL cancer disease infection pulmonary disease 362 of 1000 strake coronary chronic HIWAIDS 8 1 Middle-income countries: lower peripatal stomach lung hypercerebrovascular heart disease obstructive respiratory complication cancer cancer injury ténsive disease pulmonary infection heart disease disease 501 of 1000

HIWAIDS

perinatal

complication

strake

cerebro-

vascular

disease

diarrhoea malaria

tuberculosis

chronic

disease

pulmonary

obstructive injury

traffic

World Health Organization Website

coronary

heart disease

lower

respiratory

infection

Low-income countries:



ILLUSTRATIVE

• Wong Yoke Wai et al.

Number and Proportion of Elderly for 2025 [Resident population]

Number of elderly aged 65+ (in thousands)	710
 Male 	322
Female	388
Proportion of elderly aged 65+	19.6
Dependency ratio (retirement age 65)	0.550

Report of IMC on the Ageing Population (1999)

Number and Proportion of Elderly for 2030

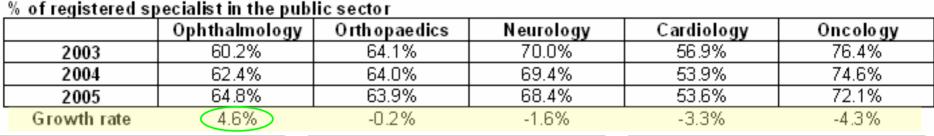
Number of elderly aged 65+ (in thousands)	796
Proportion of elderly aged 65+ [of total population]	18.9
Dependency ratio [residents]	0.564
 Old (65+ years) 	0.295

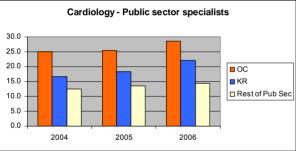
Therefore, 19-20% of the population in 2025-2030 are estimated to be more than 65 years old with a dependency ratio of 0.55-0.56.

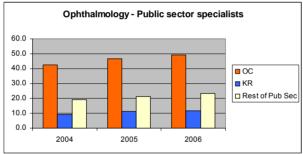
All specialties are losing manpower share to the private sector except for ophthalmology; Outram Campus has more specialists in the McKinsey identified areas compared to Kent Ridge Campus.

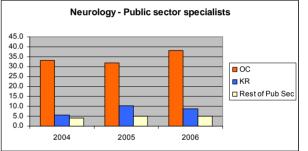


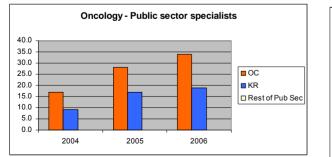
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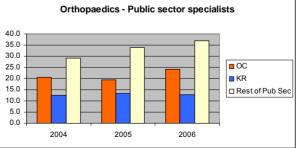












•Oncology includes medical oncologists and radiation oncologists

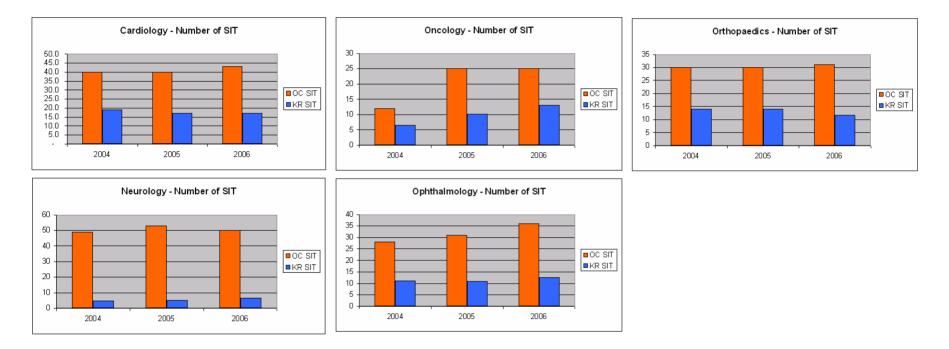
•Neurology includes neurosurgeons and assumes movement of neurology to Outram Campus following completion of neuro-navigation suite

Medical Excellence, Genuine Care

The specialist pipeline is a factor to consider for sustainability.



ILLUSTRATIVE



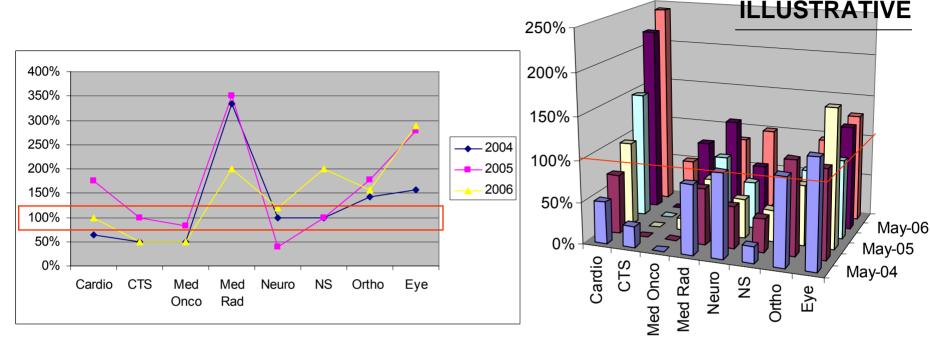
•SIT (Specialists in Training) include both Registrars and Medical Officers

- Cardiology includes cardio-thoracic surgeons
- •Oncology includes medical oncologists and radiation oncologists

•Neurology includes neurosurgeons and assumes movement of neurology to Outram Campus following completion of neuro-navigation suite

SingHealth will need to strengthen the appeal and value proposition of many of the identified specialties.





Specialty Training Applications from

<u>2004 to 2006</u> (No. of applicants over no. of positions expressed as percentage)

*Med Onco and Eye refer to BST; the others AST

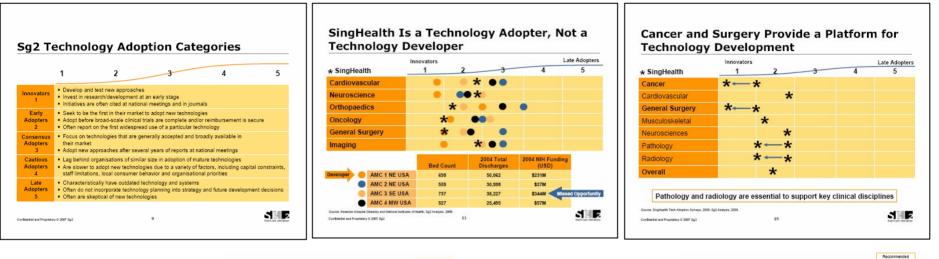
MOPEX Applications (2004-6) (No. of applicants over no. of positions expressed as percentage)

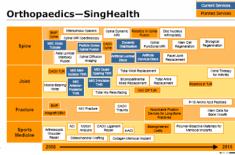
Med Onco, Cardiothoracic surgery and Neurosurgery need to increase the attraction to MOPEX applicants to ensure a stable pipeline of doctors.

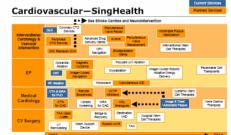
AST applications are generally healthy except for Med Onco and Cardiothoracic Surgery.

Technology assessment is based on analysis by SG2 – SingHealth Clinical Technology Planning Project (28-Feb-07)







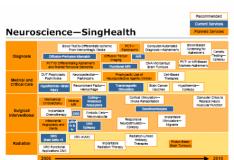




Cancer Imaging	FFDM VC Contrast U Screening Lung CT CA		••		Optical Coherence Tomography	•
	Lung OT MR Spect	CT-Guided Peripheral Bronchoscopy	Laser Breas Molecule Ta MRI Age		MRI for Therapy Monitoring	Virtual Histochemistry
Medical/	RT POR DNA-Based	EBV Vac	ines	CQH	SKY	
Molecular	EBV PCR CRC Screening	Monocional Antibodie Badiopurcleotide	5	Laser Ca	apture Microdissect	lon
Diagnostic Mer	Microarrays	nacogenetics	Proteomic	s for Ecreening		RNA interference
Radiation Oncology	SRS Respiratory-Galed Radiotherapy	Intraoperative Radiotherapy	MRS-Gu Brachythe		Radiation- Induced Gene Therapy	Heavy Ion Partic Beam Therapy
	MRT SRS Non-CNS		tve internal liotherapy		Proton Beam	Therapy
Surgical/ Interventional Oncology	Kyphoplasty Ductoscopy	Breast IGFU for	intraoperative	RT-PCR		
	Robolic Surgery REATACE Cone Beam 0	Breast Cancer		Ablation	IGFU for Cano	
		REA/TACE Non-Liver	MR-Guid	ed Biopsy		

Current Service

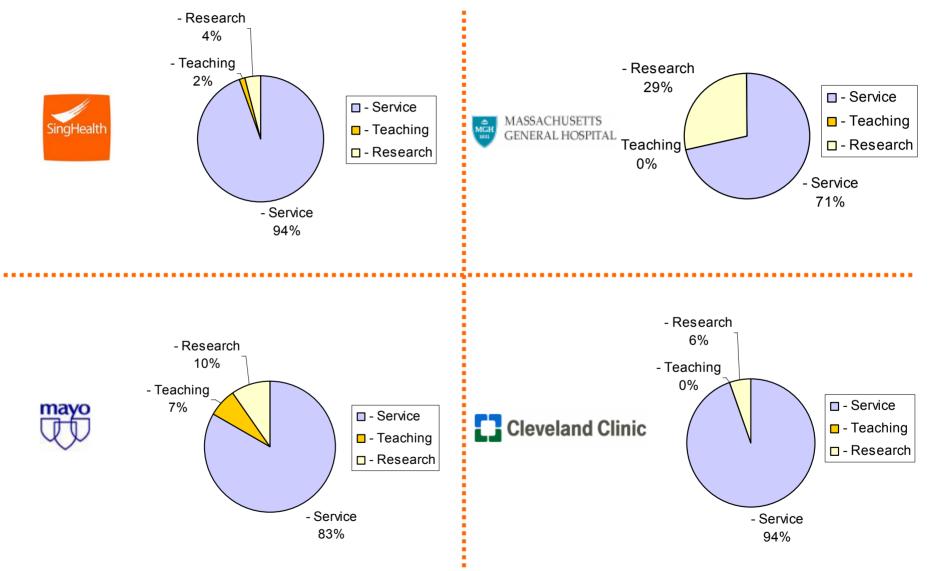
*Ophthalmology not assessed by Sg2



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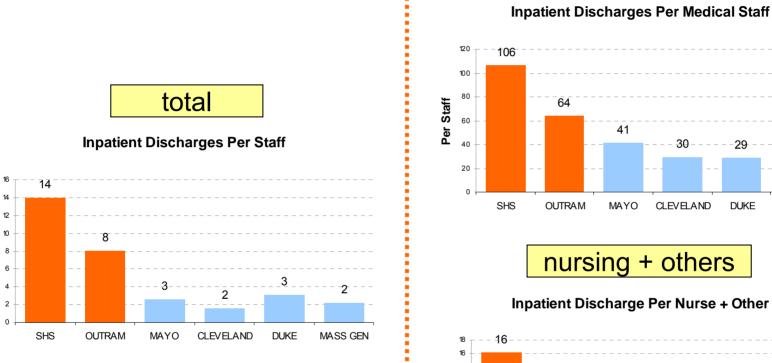
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Funding will remain a perennial challenge and new revenue streams will have to be harnessed

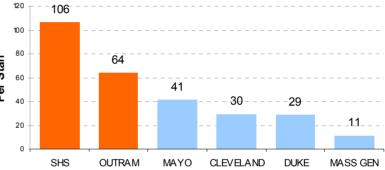


Workload norms will need re-evaluation; increase in manpower across all clinician-types necessary



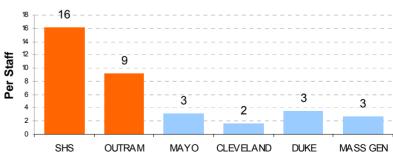


medical



nursing + others

Inpatient Discharge Per Nurse + Other

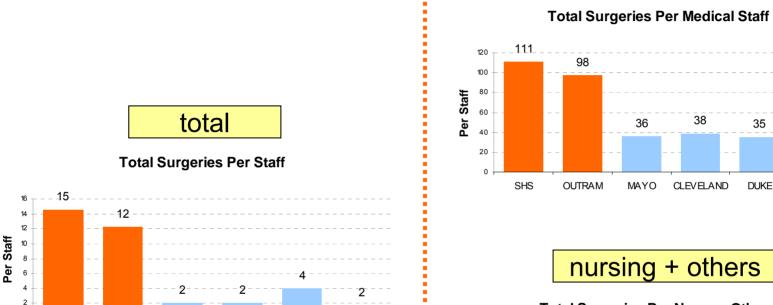


Per Staff

SingHealth has a higher workload per FTE compared to other AMC- surgeries

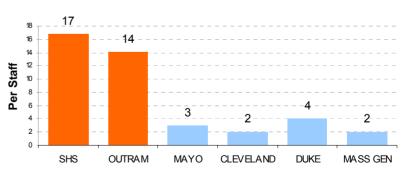


MASS GEN





medical



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SHS

OUTRAM

MAYO

CLEVELAND

DUKE

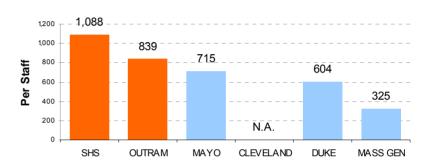
MASS GEN

32

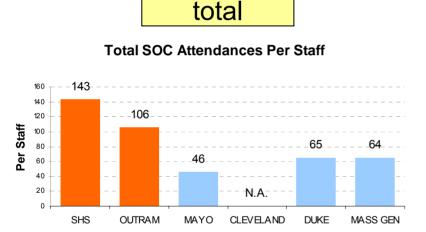
SingHealth has a higher workload per FTE compared to other AMC- outpatient attendances



medical

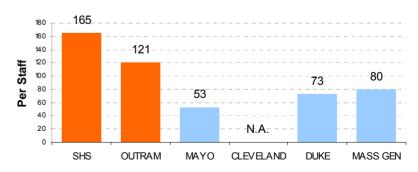


Total SOC Attendances Per Medical Staff



nursing + others

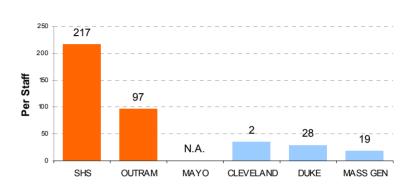
Total SOC Attendaces Per Nurse + Others



SingHealth has a higher workload per FTE compared to other AMC- Accident and Emergency Dept attendances



medical



Total A&E Attendances Per Medical Staff

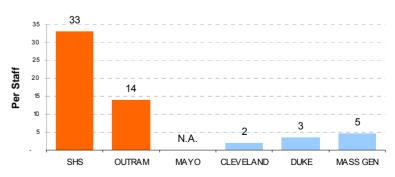
total

Total A&E Attendances Per Staff



nursing + others

Total A&E Attendances Per Nurse + Others



Specific recommendations have been made to the Outram Campus AMC Working Group and SingHealth leadership



- Nurturing Beyond the Chosen Five
- Supporting clinical research at all levels
- Fostering opportunity for other specialties to grow into academic practices
- Creating the "Buzz" of Academia
- Supporting infrastructure and backfilling of manpower
- Value Proposition for SingHealth staff
- Structuring the governance model for the campus (SingHealth, Duke-NUS GMS)

Academic Medicine as the defining model for SingHealth

- What is Academic Medicine?
- Why is SingHealth embracing academic medicine?
- Going beyond rhetoric- who and how
- Collaboration with other stakeholders
- Conclusion

Singapore is too small for SingHealth and NHG or Kent Ridge and Outram campuses to fight each other over





Academic Medicine as the defining model for SingHealth

- What is Academic Medicine?
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The future is promising but the road ahead is fraught with challenges



- SingHealth as a collective must work together- aligned interests, aligned vision
- We must play our part and expect our partners (MOH, Duke-NUS GMS, NMRC, BMRC etc) to play theirs
- Cooperation rather than competition within Singapore



"A rising tide will lift all ships"